

communique

UNIVERSITY OF COLORADO-COLORADO SPRINGS

Beth-El School of Nursing spearheads new Fountain health center

When Mary Hagedorn talks about the new school-based health center at Fountain-Fort Carson High, she's empathetic about what it is — and isn't. The clinic does provide basic health care for the school district's nearly 5,000 students. The clinic does not provide contraceptives or counsel students about birth control.



Mary Hagedorn's persistence paid off when several grants she wrote resulted in a school-based health center in Fountain.

"There are enough reproductive services out there with Planned Parenthood," said Hagedorn, an associate professor for the Beth-El School of Nursing. Hagedorn, who wrote the grant for the Fountain clinic, teaches holistic and family nursing. Hagedorn said many teen-agers are insulted that adults naturally assume the only reason why they'd go to a health clinic is for birth control. "Not all of us are out there having sex and babies, we are participating in sports and community activities and want to live healthy lives."

The health center was established with several grants, including one for \$362,732 from Catholic Health Initiatives. The center was also funded with a \$60,000 grant from the state and a \$107,222 grant from Ecumenical Social Ministries. The funding will keep the health center open for two years. The center has two locations — one at Fountain-Fort Carson High and the other at the Lorraine Education and Community Center on Iowa Street. The center is run through a partnership with Beth-El, Penrose-St. Francis Health Services, and Fountain-Fort Carson School District 8.

"The whole focus is to keep kids healthy so they can stay in school," Hagedorn said. In addition to providing students with

physicals and immunizations, the clinic will handle such health problems as colds, sore throats, sprains and strains. Students can also get counseling about nutrition, mental health, smoking cessation, eating disorders, and how to handle stress.

"I'm trying to fill a void for those things," said Hagedorn. "We're really there for the community needs and for health care for children."

Before the center was set up, Fountain residents had to drive to Colorado Springs for health care because there weren't any physician offices, clinics, or hospitals in the rural area. The health center isn't just for students, either. Families who want to use it pay a membership fee of \$30 a year, and a co-pay of \$15 per visit.

Geography gets gift

Merrick and Company, Colorado Springs, recently donated \$2,000 to the University of Colorado Foundation to benefit the Geography and Environmental Studies Program at CU-Colorado Springs.

John Harner, assistant professor, Geography and Environmental Studies, accepted the award and said the funds would be used to assist in the expansion of the Geographic Information Systems program in the department.

The award was presented Sept. 25 at an open house commemorating Merrick and Company's expansion of its GIS division in Colorado Springs.



Overheard...

"On my way down to your campus from Westminster, I got intimately acquainted with the state tree – the orange highway cone."

– Drew Bolin, chair of the state legislative committee.



Doers profile Employee of the Month



Counselor Dennis Anderson, sitting in his office at Forester House, shows off his Employee of the month award.

That sensitive, unassuming guy who works in the Forster House knows more about life in the dorms, midterm anxiety, and unrequited love than most of us will ever comprehend in a lifetime.

Who is he, anyway?

Dennis Anderson, that's who. And he is the CU-Colorado Springs' October Employee of the Month.

Susan Szyrka, CU-Colorado Springs' director of Public Safety, calls Anderson an unsung hero because of his quiet, yet unwavering loyalty to the university community. She was so impressed with him she nominated him for the award.

For more than a decade, Anderson has helped students sort out their personal problems and get a grip on life. Every year, the Counseling Center helps about 200 students deal with problems ranging from binge drinking to homesickness and depression.

Name: Dennis Anderson.

Age: 49

Birthplace: Detroit, Mich.

Job Title: Counselor, CU-Colorado Springs Counseling Center

Education: Bachelor's in psychology, master's in counseling, both from CU-Colorado Springs. Licensed Professional Counselor, CAC III, certified addictions counselor.

Career Path:

"Let's just say that as a result of some interesting and challenging life experiences, I became interested in human behavior and working with people."

Reaction to being named Employee of the Month:

Who ever thinks about school counselors? It's like going to the dentist. You never think about the dentist unless you have a toothache. When I came into work (at Forster House) a bunch of

people were sitting in the lobby of the counseling center with balloons. I said, "What is this, group therapy?" They said, "Yeah, for you." I was moved.

Are students more stressed out than they were 10 years ago?

Well, obviously the advent of residential students has really changed the face of UCCS and the issues they're dealing with, like being away from home and adjusting to roommates. That's what's been new in the past four to five years. Of course, we still continue to see adults facing life's challenges.

What's the best part of your job?

As a counselor I get to see people with incredible challenges. I am often amazed by the resilience of the people I get to work with. It has been my experience to be astounded on many occasions by the unflagging spirit of students that are able to surmount incredible obstacles not to just survive but to thrive against the odds. Single moms, survivors of abuse, folks recovering from chemical dependencies, all miracles making real changes in not only in their lives but in their legacies as well. Last week Pam Shockley (vice chancellor for Student Success) met with the staff of the counseling center on one of her regular visits to her units. In that meeting we discussed ways we could be helpful to a number of the 80-some homeless students enrolled at UCCS. People are truly amazing in the length they will go to make changes in their lives.

What's the hardest part of your job?

The hardest part of my job is emptying an ocean with a thimble.

Last March, the counseling center moved from the library to the Forster House, a little building on the eastern edge of the campus. How is it being so far off the beaten path?

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Dennis Anderson has been helping students sort out their problems for over a decade at CU-Colorado Springs Counseling Center.

Professors predict 2001 economic climate

Will an up-and-down stock market downtown affect Southern Colorado's economic future? What about skyrocketing energy prices? And what about the various November ballot initiatives concerning taxes, school finance and growth?

A panel of local experts, lead by two professors from CU-Colorado Springs, to answered those questions and predicted the area's 2001 economic outlook today, at the fourth annual Southern Colorado Economic Forum.

"We don't have a crystal ball," Tom Zwirlein, associate professor of business and a conference co-leader, said. "What we have is a considerable amount of data that we can interpret to predict the future."

Zwirlein and Jeff Ferguson, associate dean of the College of Business, recently sent detailed surveys to more than 2,500 Colorado Springs-area businesses. In the survey, the professors quizzed business owners about workforce issues, external forces that affect their business, competition, and their plans for 2001.

**"If you liked 2000,
you're really going
to like 2001,"
Zwirlein said.**

"We know that nearly half of the businesses we surveyed said their performance in 2000 was either better than projected or much better than projected," Zwirlein said. "That certainly is a good sign as we head into 2001."

Zwirlein and Ferguson presented the survey findings, and their analysis of employment trends, factors that influence business development, annual wages in key business areas, retail and wholesale trends and trends in construction activity. Their presentation was followed by a panel discussion that added the viewpoints of local business and community leaders.

Joe Rallo, dean, College of Business, moderated the panel discussion that included Rocky Scott, president, Colorado Springs Economic Development Corp.; Will Temby, president, Colorado Springs Chamber of Commerce; Mike Anderson, financial planning manager, City of Colorado Springs; Jackie McGee, political affairs advisor, Pikes Peak Association of Realtors; Zwirlein and Ferguson.

So, what was the conclusion of the experts? "If you liked 2000, you're really going to like 2001," Zwirlein said.

Chancellor joins in state tour



CU- Colorado Springs
Chancellor Linda Bunnell Shade

When CU President Elizabeth Hoffman began her first tour of Colorado, she had company.

Chancellor Linda Bunnell Shade accompanied Hoffman recently as they toured Greeley, Sterling, and Fort Morgan to spread the word about CU's statewide mission. Hoffman and Bunnell Shade were accompanied by CU Regent Tom Lucero.

and others to discuss ways in which the university could best serve community needs.

"We took the occasion to talk with those who attended luncheons and receptions and to visit high school counselors at Greeley Central High School and the high schools in Sterling and Fort Morgan," Bunnell Shade said. "Recent graduates of those schools are currently enrolled on our campus and I wanted to hear any feedback from the community on their experiences here."

Bunnell Shade said she heard general concerns expressed about the cost of college, campus safety issues, as well as kudos from graduates. One graduate, Bunnell Shade said, told of taking business classes at "the sanitarium." Another noted with pride the recent *U. S. News and World Report* ranking of CU-Colorado Springs as one of the top regional universities in the West.

The CU delegation met with legislators, government officials, higher education officials, community leaders, students, parents

National Science Olympiad comes to campus

When the National Science Olympiad comes to CU-Colorado Springs in May 2001, it is going to be a big day.

About 2,500 middle and high school students from across the nation are expected to compete in hands-on competitions in biology, chemistry, earth science, physics, computer science, and engineering.

There will be 46 different contests taking place on May 19. Although the National Science Olympiad 2001 is more than six months away, it's time to start lining up volunteers to help with event logistics, according to Ramaswami Dandapani, chair, Department of Electrical and Computer Engineering.

The events, which will be held on campus and at the Air Force Academy, needs volunteers who are flexible and willing to undertake tasks ranging from food distribution to hanging posters on campus and at the World Arena.



"We need help," Dandapani said. "Volunteers can help supervise the event, whether it's grading papers, moving tables or directing students to event locations."

"I think we can really use this as an opportunity to showcase the campus."

The National Science Olympiad was created in 1983 as an alternative to traditional science teaching methods, science fairs and single-discipline academic tournaments. The result? Many events occurring simultaneously in the span of a few hours. Volunteers can help keep the chaos to a minimum.

About half the events will be from 7 to 11 a.m. and the others will be in the afternoon, from 11 a.m. to 4 p.m. Helpers are needed at various buildings. They're also needed to help prepare information packets and staff tables at the World Arena, where participants will register on May 17.

Those who are interested in helping should contact Dandapani at 262-3572 or rdan@eas.uccs.edu.

CU-Colorado Springs expands pre-collegiate development program to Pueblo schools

Hoping to recruit more students from the community and Southern Colorado, CU-Colorado Springs is expanding its Pre-Collegiate Development program to Pueblo's South and Centennial high schools. The program is aimed at helping high school students realize their dreams of attending college.

Josephine Benavidez, coordinator of the Pre-Collegiate Program, said work would begin immediately to offer the pro-

grams at the two Pueblo high schools. She plans to meet with principals and counselors at the schools within the next few weeks to explain the program and to begin enrolling students.

The Pre-Collegiate Development Program, formed more than a decade ago, is nationally recognized for giving young people the skills they need to succeed in college. The program, which is based in Colorado Springs, boasts more than 250 students enrolled in grades ten through 12. It provides workshops to help students succeed in high school, and later, in college. Students in the program prepare themselves for college by immersing themselves in smart study habits, college entrance exam preparation and written and oral communication. The program is free and available to students who attend specific high schools in Colorado Springs and Pueblo, are first-generation college students, and have a minimum C+ grade point average.

Students meet monthly with CU staff members at their high schools and participate in a summer academic program at the CU-Colorado Springs campus. Visits to CU campuses in Boulder and Denver, called Saturday academies, occur monthly.

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CU responds to NORED report

The entire University of Colorado system, not just individual campuses, should be eligible to be free of burdensome state regulations, CU officials have responded in a memo to a Washington-based higher education consulting group.

President Elizabeth Hoffman responded to a draft report from the Northwest Research Education Center, NORED, by saying that the CU system should be considered for an experiment to free universities from state regulations that inhibit efficiency. Called the "Colorado Compact," the idea was initially proposed by NORED for trial at the Colorado Springs, Denver and Health Science campuses.

Hoffman also suggested changes in the NORED recommendation that CU-Denver offer only graduate-level coursework and that NORED consider recommending broadening the area served by CU-Colorado Springs to Southern Colorado .

The CU-system response is available at www.cu.edu/legislation. A summary of the NORED recommendations, prepared by the Office of Public Affairs, is available at <http://web.uccs.edu/chancellorupdate/nored>.

NORED officials are scheduled to review comments from CU and other state university officials and to share their final report with the Colorado Commission on Higher Education at a Nov. 1 meeting at Arapahoe County Community College, Littleton.

NORED was hired by the Colorado Commission on Higher Education to review higher education governance in response to a request from the Colorado Legislature.



Library's vintage cast-offs go a-carrelling statewide

Twisted metal, hunks of drywall and, soon, the Kraemer Family Library's trademark orange carpeting are headed to the dumpster. But what about the study carrels, bookshelves, chairs and other assorted items that, while worn, are still serviceable?

Bits and pieces of the Kraemer Family Library and CU-Colorado Springs will soon be put to work in libraries from Hugo to Cortez and points in between, according to Leslie Manning, dean, Kraemer Family Library.

"Study carrels like this aren't made anymore," Manning said recently, while pointing out a 1970s vintage chair and matching desk. "We obviously couldn't buy more to use in our expanded space in El Pomar Center so most of our carrels will be refurbished and put to good use at CU-Denver."

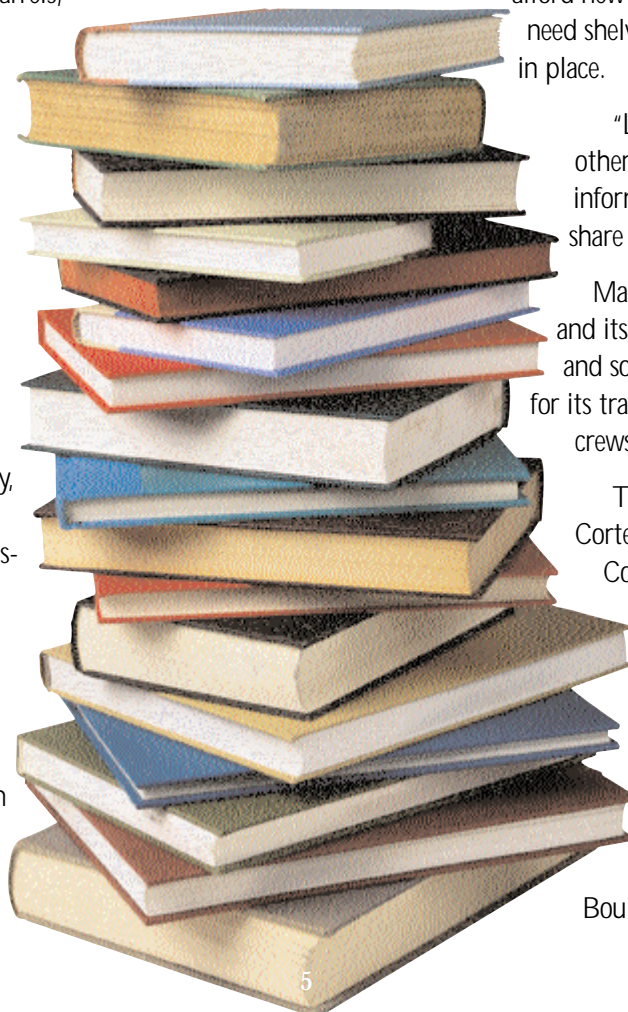
The study carrels are just one item that is being reused. One of the largest give-aways is more than 1,000 units of heavy-duty library

shelving. The shelves are no longer manufactured. As a result, they are valuable to libraries that wish to expand but cannot afford new shelving or to those libraries that need shelves that match what's already in place.

"Librarians are used to helping each other," Manning said. "We share information regularly so it made sense to share shelving."

Manning posted the shelving brand and its availability on a library list-serve and soon had takers willing to arrange for its transportation before the demolition crews arrived.

The largest recipients included the Cortez Public Library; the Morgan Community College Library, Limon; the Gunnison High School Library; and the Trimble Library at the Nazarene Bible College, Colorado Springs. Smaller recipients included Sabin Middle School, Colorado Springs; the Hugo Public Library; Aurora Public Library, and libraries on the Denver and Boulder CU campuses.



Leafing your worries behind

MORE THAN 400 PEOPLE turned out for Fall Fest 2000 at CU-Colorado Springs Saturday, Oct. 14, when alumni, community members and students mingled together on the open campus.



Activities ranged from tours of the new El Pomar Center to children's games to workshops on job interviewing. Under an awning of international flags, students (below) celebrate Fall Fest by serving up ethnic food in front of University Center. Amidst the hubbub of the day, an exuberant Sarah Nelson, age 5, (above, right) takes time to give her doll a hug. Nelson's parents are David R. Nelson, assistant professor, Communication, and Jody Nelson, program development director, Family Development Center.



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It gives people more privacy. And I'm enjoying the wildlife.

Are you referring to the students?

No, there's a family of bunnies out my front window. It's nice being in the woods, even though we are almost next to Kansas.

You've got four sons between the ages of 13 and 17. How has your training equipped you to guide these boys?

The courses I took in family therapy were really useful to me, not that I do therapy on my family. It is more that most of us do not learn how to be parents, we simply parent the way we were parented or we do the opposite of what was done to us. The master's courses taught by Barry Weinhold, Gay Hendricks and David Fenell were incredible eye openers. Counseling gets lampooned by everyone from Mark Hallahan to Stewart Smalley. ("I'm good enough, I'm smart enough and gosh darn it, people

like me.") Mark likes to kid me that my inner child is a crappy basketball player. Be that as it may, under the positive mentorship of professors Weinhold, Hendricks, Fenell and Catherine James, former lead counselor in the University Counseling Center, I was able to learn to love myself and to love other people. The gift of true love is priceless.

What do you do when you're having a terrible day?

Breathe deep, go for a brisk walk, and ride with the sunroof open.

Is there a particular saying you use to keep yourself centered?

Yes. There is a God and it isn't me.

Youngsters to trick or treat Cragmor

Ghosts, goblins and living skeletons will invade Cragmor Hall Oct. 31 as the Family Development Center celebrates Halloween.

Ida Bauer, director, Family Development Center, said children from the center will trick or treat Cragmor Hall offices beginning at 9:45 a.m. The children will sing songs and visit at open doors.

"Traditionally, we've walked the campus," Bauer said. "But this year, because of all of the construction, the difficulty of keeping young children together and because Halloween landed on a school day, we thought it best to tour just one building."

Bauer said it was not necessary for Cragmor offices to give the children treats to ward off future tricks. And if treats are part of an office's holiday tradition, Bauer suggests non-edible ones such as stickers, erasers, pencils, or small party favors be given to the youngsters.

The campus is invited to watch the children at Cragmor or to attend Halloween carnival at the Family Development Center from 10:30 a.m. to noon. At the center, the children will participate in a costume parade and play games. Volunteers are needed to help with activities. Contact Bauer at ibauer@mail.uccs.edu or call 262-3483.



Next issue:

A conversation with David Nelson, Dean School of Education.

Beth-El's Scott Bourn talks about paramedic training on the Western Slope.