

Student Health Advisory Board Minutes

Meeting 6: November 19, 2018

1. Call to order

a. Attendance roll call

i. Present

Gina Marchese- Student Member - **Chair**  
Matt Sundling- Student Member - **Vice Chair**  
Victoria Asuquo- Student Member  
Kimberly Humphrey- Student Member  
Maddie Donahue- Student Member  
Grace Benskin- Student Member  
Jessica Asuquo- Student Member  
Jacqueline Merz- Student Member  
Laveen Khoshnaw- Student Member  
David Fehring- Staff Member  
Katie Gordon- Ex Officio Member  
Stephanie Hanenberg- Ex Officio Member  
Nicole Blakesely- Ex Officio Member

ii. Absent

Quentin Perrodin- **Secretary**  
Ellie Carrington- Student Member  
Faith Daugherty- Student Member

2. Approve of minutes from 11/5/2018

a. Motion to approve by Maddie, seconded by Laveen

3. Wellness Floor Presentation by Katie

a. Katie provided overview of all wellness program areas, prevention work, GPS classes, peer educators, GAF grant for cooking classes and food demos, nutrition programs, and Wellness floor.

4. Division Strategic Plan Presentation by Stephanie

- a. Reviewed well-being component of strategic plan and discussed ways to work on creating a culture of wellness across campus. Discussed that it needs to be for faculty, staff, and students in an effort to help everyone be better balanced. Discussion about grade forgiveness and other measures that would help with student well-being as many students are struggling right now with feeling overwhelmed. Very competitive for many programs and would be nice to get advice on what classes should not be taken together due to large amount of work that come with some classes. Will share this feedback at VCSS retreat.
5. Elections for Chair and Vice Chair Position
    - a. Sunny was unanimously voted in as the new chair person for SHAB. Explained that he will likely be going to Canada for one year after the spring semester, but offered to be chair of SHAB until he leaves.
    - b. Maddie was unanimously voted in as vice chair person for SHAB. Explained that she is very passionate about this work and wants to be more involved.
    - c. Both will start their new terms in the spring semester. Will set up a meeting with Stephanie before start of semester to plan out meetings for spring.
6. Upcoming Events on Campus
    - a. No Man's Land Film Festival: Friday, December 7<sup>th</sup> at 7pm at the ENT Center
7. Revision of bylaws
    - a. Tabled to next meeting due to running out of time.
8. Adjourn meeting – 5:40 PM
    - a. Next meeting will be at the start of the spring semester. Discussion about moving to meetings only once per month to minimize time commitment. Could extend professional development meetings to 1.5 hours. Will create content for meetings in January.

