

Student Health Advisory Board Minutes

Meeting 9: January 28, 2019

1. Call to order

a. Attendance roll call

i. Present

Matt Sundling- Student Member - **Chair**
Maddie Donahue- Student Member - **Vice Chair**
Quentin Perrodin- Student Member - **Secretary**
Stephanie Hanenberg- Ex Officio member - late but excused
Katie Gordon- Ex Officio Member
Nicole Blakesely- Ex Officio Member
Victoria Asuquo- Student Member
Gina Marchese- Student Member
Grace Benskin- Student Member
Emily Mitchell – Student Member
Jessica Asuquo- Student Member
Laveen Khoshnaw- Student Member
Savian Malazada- Student Member
David Fehring- Staff Member

ii. Absent

Ellie Carrington- Student Member
Faith Daugherty- Student Member
Kimberly Humphrey- Student Member
Jacqueline Merz- Student Member

2. Approve of minutes from 11/19/2018

a. Motion to approve by Laveen, seconded by Maddie

3. Recruitment strategy for new SHAB members (one meeting, one tabling event per month)

a. Gina provided a flyer to be used for SHAB marketing,

b. Motion to move meetings to 4 pm by Grace, approved unanimously

4. Recruitment of peer educators- Katie Wed, 5-6, online application required, looking for 5 members

5. NCHA is conducting a survey across several universities, tabling will be needed, -Katie, data collection March 11-22, possible tabling leading up to the time of the survey.

Katie addressed SHAB members' emails on website, chose to keep them there.

6. Future Meeting Schedule and Additional Events

- a. Condom fashion show, March 13; start time TBA. Increase Awareness of HIV/STD. Sunny proposed SHAB participate and volunteered as model. SHAB voted to participate in the show.
- b. Sunny's tabling ideas (Disability day on March 14th, sexual assault awareness week April 15-18, end of year healthy habits, NCHA tabling)
- c. Visit to CSU Wellness Center - SHAB could take field trip to see new wellness center, get SHAB groups of the different colleges together; it was determined a Friday would be the most likely day for such a fieldtrip. Official date TBA.

7. Social Norming Campaign Focus Group

- a. February 4th at 4:30 for dinner in Wellness Center meeting room 2

8. Upcoming Events on Campus

- a. Vice Chancellor Student Success Town Hall
 - i. *Creating a Culture of Well-Being* on February 5th 10:30 – 12:00
 - ii. Send Silence Packing

9. UCCS Mental Health Initiatives

- a. CSHF grant application
- b. CU system wide peer to peer programs
- c. Resiliency Training with RA's

10. We will have a guest speaker on March 18th, an ortho surgeon

11. Motion to adjourn meeting by Victoria, seconded by Sovian