

## Student Health Advisory Board Minutes

August 27, 2018

### 1. Called to order 4:30

#### a. Attendance roll call

##### a.i. Present

Gina Marchese- Student Member - **Chair**  
Matt Sundling- Student Member - **Vice Chair**  
Victoria Asuquo- Student Member  
Jessica Asuquo- Student Member  
Ellie Carrington- Student Member  
Jacqueline Merz- Student Member  
Laveen Khoshnaw- Student Member  
Faith Daugherty- Student Member - new  
Grace Benskin- Student Member- new  
Maddie Donahue- Student Member- new  
Stephanie Hanenberg- Ex Officio member

##### a.ii. Absent

Katie Gordon- Ex Officio Member- excused  
Nicole Blakesely- Ex Officio Member- excused  
Kimberly Humphrey- Student Member- excused

### 2. Introductions

- a. Introductions were made around the room and new board members were welcomed. Discussed need for new members to sign board member agreement and confidentiality statement if choose to stay on board after initial meeting.

### 3. Future Meetings

- a. All members agreed that Mondays at 4:30 work fine with their schedules.
- b. Will alternate every other week between action item meetings and student development meetings

### 4. Club Fair Announcement: Wednesday August 29<sup>th</sup> from 11:00am-2:00pm

- a. Tabling volunteers needed
  - a.i. Gina and Faith signed up to help with table. Others to come by if class schedule permits

### 5. Review of Wellness Center services (need to know for Club Fair)

- a. FAQ sheet for Wellness Center was handed out and discussed. New meeting attendees were given high level overview of Wellness Center operations.

### 6. Changes made over the summer

- a. Construction

- a.i. Adding an additional check in station and privacy glass between screens due to large volume of students coming in for services.
    - a.ii. Re-designing kitchen storage into the dietitian office due to needing to move chiropractic and massage services out of exam room and into old dietitian office.
  - b. Stats to support this need
    - b.i. Services have grown 112% since moving into Wellness Center. Mental health services grew 29% and health services grew 10% within past fiscal year.
- 7. Recruiting Action Plan (e.g. Volunteering at club fair, speaking at a freshmen seminar, speaking before a lecture, from another club, etc.)
  - a. Turn in notecards with suggestions for new board members
    - b. Take flyers for recruiting
      - b.i.1. Talk at classes, recruit friends
- 8. Next meeting: student development
  - a. Development of a trivia game
    - a.i. We need questions, topics may include; wellness, wellness education, mental wellbeing, physical health, financial wellness. Open to more ideas.
- 9. Adjourned meeting at 5:37. Next meeting will be on September 10<sup>th</sup> at 4:30pm.