

UCCS Parent and Family Weekend 2019 | Registration Details and Activity Descriptions























Family Weekend Registration

Before Sept. 23: UCCS Student FREE | Adults, 12+ years old \$15.00 | 4-11 years old \$10.00 | 3 and under FREE
After Sept. 23: UCCS Student \$5.00 | Adults, 12+ years old \$20.00 | 4-11 years old \$15.00 | 3 and under \$5.00








Friday, October 4, 2019

	6:00 a.m. – 9:00 p.m. UCCS Campus Recreation Center Access <i>Must be accompanied by UCCS Student</i>	
	7:30 a.m. – 6:00 p.m. UCCS Bookstore Extended Hours	
	2:30 p.m. – 4:30 p.m. Student Success Open Houses	
	Evening Dinner on own <i>Recommended: University Village Colorado</i>	
	5:30 p.m. – 8:00 p.m. An Evening of Artistic Wonder	 <i>Space is limited</i>
	5:00 p.m. – 7:00 p.m. Mountain Lion Women's Soccer vs. Westminster	 <i>Space is limited</i>
	7:00 p.m. – 8:30 p.m. Mountain Lion Women's Volleyball vs. South Dakota School of Mines	 <i>Space is limited</i>

Saturday, October 5, 2019

	8:30 a.m. – 5:30 p.m. UCCS Bookstore Extended Hours	
	8:00am – 12:30pm Never a Victim Self-Defense Course	 <i>Space is limited</i>
	10:00 a.m. – 8:00 p.m. UCCS Campus Recreation Center Access <i>Must be accompanied by UCCS Student</i>	
	10:00am - 11:00am Coffee and Donuts with the Excel Centers	 <i>Space is limited</i>
	11:00am - 12:30pm Campus Class with Dr. Bell	 <i>Space is limited</i>
	12:30pm – 1:30pm Mountain Lion Family Picnic w/Keynote Speaker	 <i>Space is limited</i>
	1:30pm - 4:00pm Mountain Lion FamFest 2k19	
	4:00 p.m. – 5:00 p.m. Family Zone	 <i>Space is limited</i>
	4:00 p.m. – 5:00 p.m. Mountain Lion Tailgate Party	 <i>Space is limited</i>
	5:00 p.m. – 7:00 p.m. Mountain Lion Women's Volleyball vs. Black Hills State	 <i>Space is limited</i>
	6:30 p.m. – 8:00 p.m. Dinner and a Show: <i>Norman Ng, Magician</i>	 <i>Space is limited</i>

Sunday, October 6, 2019

	10:00am – 2:00pm Never a Victim Self-Defense Course	 <i>Space is limited</i>
	12:00 p.m. – 9:00 p.m. UCCS Campus Recreation Center Access <i>Must be accompanied by UCCS Student</i>	
	1:00 p.m. – 3:00 p.m. Mountain Lion Women's Soccer vs. Dixie State	 <i>Space is limited</i>
	Spend the day with your student, on your own, exploring Colorado Springs.	



Parent and Family Programs

UNIVERSITY OF COLORADO
COLORADO SPRINGS

UCCS Campus Recreation Center Access | Family Weekend registration includes access to the Gallogly Recreation and Wellness Center, listed as one of the top campus rec centers by College Consensus. The Recreation Center features 15,000 square feet of fitness center workout space, four gymnasiums, indoor track, group fitness studios, 27' climbing wall, competitive sports information desk, and indoor aquatic center. *Families wishing to access the Recreation Center during Family Weekend must be accompanied by their UCCS student. Users must be at least 16 years of age to access the fitness area. [Click here](#) for a complete listing of facility rules.*

UCCS Bookstore Extended Hours | Stop by the UCCS Bookstore during your visit to the University of Colorado Colorado Springs. The Bookstore is the only place to find UCCS spirit wear and offers convenience items such as snacks and beverages.

Department Open Houses | Spend your Friday afternoon getting to know some of the resources and people who are here to help your student succeed. During your visit, you will have the opportunity to participate in fun activities, ask questions, and get ahead on "to do" items (such as your student's FAFSA). Some of these departments will have giveaways, so be sure to visit them all!

Dinner on Own | As a special treat for your student, consider taking them to dinner off campus. [University Village Colorado](#) (located off of Nevada) has a variety of dining options. After dinner, you and your student can take a stroll through the Mountain Lion tunnel under Nevada Avenue to attend the Evening of Artistic Wonder at the Ent Center for the Arts or the soccer game at Mountain Lion Stadium.

An Evening of Artistic Wonder | Spend your Friday evening enjoying the visual and performing arts of UCCS. From exhibits to performances, workshops and receptions, we are excited to offer an evening at our state-of-the-art Ent Center for the Arts for the first time during Family Weekend.

Never a Victim Self-Defense Course | Join the UCCS Police Department and the *Never a Victim* team for a four-hour and popular self-defense course. This course will give participants the confidence needed to prevent or avoid violent situations, awareness, and how to defend against an attacker.

Coffee and Donuts with the Excel Centers | Stop by the Excel Science Center for a mid-morning treat – coffee and donuts! While you're visiting the Excel Science Center engage with tutors and staff to learn more about ways that the five Excel Centers support students and their academic success.

Campus Class with Dr. Chris Bell | Join UCCS Associate Professor of Communication and TedX Presenter, Dr. Chris Bell, for a lecture on pop-culture that is sure to be thought-provoking, educational, and engaging. Dr. Bell specializes in the study of popular culture, focusing on ways in which race, class and gender intersect in different forms of media. Dr. Bell is the 2017 Pop Culture Classroom/Denver Comic Con Popular Culture Educator of the Year and was the 2015 recipient of the University of Colorado Colorado Springs Faculty Away for Outstanding Contribution to Diversity and Inclusiveness.

Mountain Lion Family Lunch | Join other Mountain Lion families for a street taco lunch before you head over to Gallogly Recreation and Wellness Center for Family Weekend's biggest event, FamFest 2k19.

Mountain Lion FamFest 2k19 | This is our big event and a favorite among families! Enjoy quality time together with your student as you take advantage of a variety of family-oriented, fun-filled activities including, but not limited to: family photos with Clyde, climbing wall, pool golf, nutrition samples, caricaturist, fitness classes, painting, mechanical snowboard, button-making and more.

Family Zone | While your students are enjoying their time at the tailgate party, stop by the Student Life office in the University Center, room 102 to get to know other families and to create a special gift that we will deliver to your student after Family Weekend.

Volleyball Tailgate Party | Spend quality time with your family while we get ready to cheer on our Mountain Lion Women's Volleyball team. During the tailgate party, we will have music, yard games, and other activities. The first 75 people at the tailgate party will receive a UCCS foam finger.

Dinner and a Magic Show: Norman Ng | Join us for a Rustic Colorado Dinner in Cafe 65, UC Atrium, and UC Upper Plaza. Following dinner, guests will filter into Berger Hall for the Norman Magic Experience. **Dinner and a magic show has been deemed a favorite activity by families who attended Family Weekend 2017 and 2018.*

Explore Colorado Springs | Colorado Springs offers a variety of family-friendly and fun activities to explore. From hiking trails, museums, escape rooms, pumpkin patches and other various attractions, spending at least one day experiencing Colorado Springs is a great way to spend quality time with your family while building memories that will last a lifetime.