When is forgetfulness or a “senior moment” a normal part of the aging process? And when is it cause for concern?

The Memory Clinic at the UCCS Aging Center provides screenings for adults 55+ to help determine if memory or thinking difficulties are typical or might signal a more serious problem. Trained student clinicians, supervised by licensed psychologists, can provide a 45- to 60-minute assessment plus feedback, including a review of the results and recommendations for additional services and resources.

difficulties with daily responsibilities, misplacing important items, forgetting medications, getting lost, financial errors, changes in mood, personality, or behavior
The Aging Center is in the Lane Center for Academic Health Sciences. Please park in any HealthCircle spot or designated handicap spaces if you have the appropriate tag.

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