

**REVOLUTIONARY
LETTERS**

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Last Gasp of San Francisco 2007

EVOLUTIONARY LETTER #2

due of an individual life a credo they taught us
 will fear, and inaction, 'you only live once'
 in our eyes, we are
 as the sea, not separate, we die
 on times a day, we are born
 on times, each breath life and death :
 , put on your shoes, get
 l, someone will finish

anism, one flesh, breathing joy as the stars
 e destiny down on us, get
 join hands, see to business, thousands of sons
 e to it when you fall, you will grow
 sand times in the bellies of your sisters

REVOLUTIONARY LETTER #3

store water; make a point of filling your bathtub
 at the first news of trouble : they turned off the water
 in the 4th ward for a whole day during the Newark riots;
 or better yet make a habit
 of keeping the tub clean and full when not in use
 change this once a day, it should be good enough
 for washing, flushing toilets when necessary
 and cooking, in a pinch, but it's a good idea
 to keep some bottled water handy too
 get a couple of five gallon jugs and keep them full
 for cooking

store food — dry stuff like rice and beans stores best
 goes farthest. SALT VERY IMPORTANT : it's health and energy
 healing too, keep a couple pounds
 sea salt around, and, because we're spoiled, some tins
 tuna, etc. to keep up morale — keep up the sense
 of 'balanced diet' 'protein intake' remember
 the stores may be closed for quite some time, the trucks
 may not enter your section of the city for weeks, you can cool it
 indefinitely

with 20 lb brown rice
 20 lb whole wheat flour
 10 lb cornmeal
 10 lb good beans — kidney or soy
 5 lb sea salt
 2 qts good oil
 dried fruit and nuts
 add nutrients and a sense of luxury
 to this diet, a squash or coconut
 in a cool place in your pad will keep six months

remember we are all used to eating less
 than the 'average American' and take it easy
 before we
 ever notice we're hungry the rest of the folk will be starving
 used as they are to meat and fresh milk daily
 and help will arrive, until the day no help arrives
 and then you're on your own.

hoard matches, we aren't good
 at rubbing sticks together any more
 a tinder box is useful, if you can work it
 don't count on gas stove, gas heater
 electric light
 keep hibachi and charcoal, CHARCOAL STARTER a help
 kerosene lamp and candles, learn to keep warm
 with breathing
 remember the blessed American habit of bundling

REVOLUTIONARY LETTER #4

Left to themselves people
 grow their hair.
 Left to themselves they
 take off their shoes.
 Left to themselves they make love
 sleep easily
 share blankets, dope & children
 they are not lazy or afraid
 they plant seeds, they smile, they
 speak to one another. The word
 coming into its own : touch of love
 on the brain, the ear.

We return with the sea, the tides
 we return as often as leaves, as numerous
 as grass, gentle, insistent, we remember
 the way,
 our babes toddle barefoot thru the cities of the universe