



# October 2016

# BSNA

# Newsletter

Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences

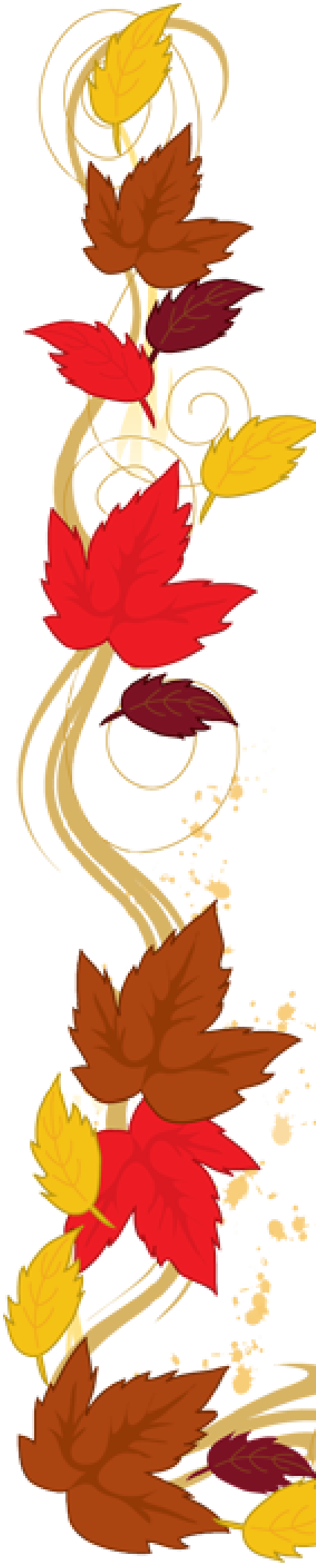
## October 3<sup>rd</sup> Meeting

Our meeting this month is on Monday, October 3<sup>rd</sup> at 12:30pm in Room 141! We will be having free snacks and playing a fun round of Minute to Win It!

There will be a raffle and tickets will be given out.

1 ticket will be given to anyone attending, and 1 ticket for National Student Nurse Association (NSNA) members!

Stay for the Kaplan Mini Review after the meeting, around 1:30pm! There will be free Jimmy Johns and you will get \$140 off your NCLEX review! Not a senior? Still attend and learn great test taking strategies. Check your email for a link to sign up!



What is NSNA? NSNA is a national organization of nurses, leaders, and student nurses who strive to grow in professional development and provide educational resources for members.

What are the benefits of being an NSNA Member? NSNA members get special discounts on scrubs, shoes, NCLEX materials, hotels, conferences, access to educational resources and portfolio services, and more!

The NSNA Conference is in April 2017 and will take place in Dallas, Texas! More information to come!

Cost: Becoming a new member is only \$35 for one year.

Want more Information? Go to

<http://www.nсна.org/Membership.aspx>

or email [sfawcett@uccs.edu](mailto:sfawcett@uccs.edu) for more

information



KEEP  
CALM  
AND  
JOIN  
NSNA

## Recent and Upcoming Events!

### 14<sup>th</sup> Annual Go Red for Women Event hosted by the American Heart Association

- Friday, September 30<sup>th</sup>
- Thank you to Joelle Campbell, Rachel Flesher, Hannah Nathanson, Sarah Hicks, Jessica Van Bueren, and Brooke Bolen for volunteering your time!
- Loved that sophomores and upper classmen were able to work together to create a great learning experience.

### Trek the Trail

- Saturday, October 15<sup>th</sup> from 9AM to Noon
- This event raises money for the Trek the Trail Scholarship Students!
- A LOT of volunteers needed- contact Tonya Hamilton at [thamilto@uccs.edu](mailto:thamilto@uccs.edu) to volunteer
- SHARE THIS EVENT LIKE CRAZY!
- Sponsors needed!
  - If you have any personal connections with local businesses, please contact Tonya Hamilton as soon as possible for possible sponsorship

### Bonfil Blood Drives

- We are working to get in contact with Bonfils in order to schedule a blood drive
- Colorado Springs blood banks are low on ALL blood types

### Build A Bear

- Going to begin contacting Build A Bear this month, therefore the date is to be determined.
- If you're interested in volunteering for this event (fundraising, advertising, tabling, etc.), please contact Tonya Hamilton at [thamilto@uccs.edu](mailto:thamilto@uccs.edu)

### Kidney Walk 2<sup>nd</sup> Annual Kidney Walk hosted by the Kidney Foundation

- Sunday, October 2
- Thank you to Jessica Van Buren, Katrina Gustafson, Jessica Marshall, Savannah Church, Rachel Flesher, Hailey Edwards, Molly Hartman, and Kinsey Hodgkin for volunteering your time!
- We were able to provide free health screenings to the community and it was a wonderful learning experience for all class levels! We are excited for the 3<sup>rd</sup> Annual Kidney Walk!

If you're interested in volunteering this event for next year, please contact Tonya Hamilton at [thamilto@uccs.edu](mailto:thamilto@uccs.edu) in order to get on the Kidney Walk committee to plan next year's

walk



## Uniform Change Proposal

Now that the Uniform proposal has been approved by students and faculty, we are moving forward with the future changes! We will keep everyone posted as we gain more information and momentum!

## Mentor Program

We have 40 successful matches of mentees with their mentors! If you're a sophomore or a junior and you would like a mentor email [hedward3@uccs.edu](mailto:hedward3@uccs.edu).

## Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences **Polo Orders!**

Polos will be distributed within the next week or so. Rachel Flesher will email everyone that ordered them once they have arrived! Please contact Rachel if you have any further questions! [rflesher@uccs.edu](mailto:rflesher@uccs.edu)

# BSNA Contact Info

Visit the BSNA website at <http://www.uccs.edu/~bsna/>  
Beth-El encourages you to join the National Student Nurse  
Association (NSNA) at <http://www.nsna.org>  
Friend us on Facebook  
Follow us on Twitter @UCCS\_BSNA

## Board of Directors Contact Info:

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Image of Nursing: Michelle Dunlap [mdunlap2@uccs.edu](mailto:mdunlap2@uccs.edu)

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Community Health Coordinator: Savannah Church [schurch@uccs.edu](mailto:schurch@uccs.edu)

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