



B.S. Health Care Science - Health & Wellness Promotion

Academic Advising Hours:

Location: Main Hall 208

Hours: Monday–Friday: 9am-4pm Appointments Only (except Wednesday afternoons)

Drop-in Advising every Wednesday from 1pm-4:30pm

Call: (719) 255-3260

Website: www.uccs.edu/advising

General Academic Information

Academic Policies

It is the responsibility of each student to know and follow all Academic policies established by the University and the Beth-El College of Nursing & Health Sciences that are set forth in the Catalog (catalog.uccs.edu) and the Beth-El Student Handbook (<http://www.uccs.edu/~bethel/studenthandbooks.htm>).

Background Checks/ Risk Waivers

All Health Science students completing a practicum or internship are required to complete a criminal background check. Students enrolled in courses involving an activity component are required to complete the UCCS Risk Waiver prior to participating in any activity.

Probation/Suspension

Students may be placed on academic probation if their CU GPA falls below 2.0 or if they receive a grade below a C- in any required Health Science courses for the first time. They may continue with required courses unless the course/courses in which they received a grade below a C- are prerequisites for upcoming courses. In that case, the course/courses in which they received a grade below a C- must be repeated prior to progressing. Students may remain on academic probation for a maximum of three semesters with a GPA under 2.0. If, by the end of their third semester of probation, their CU GPA has not been raised to 2.0 or better, they will be subject to suspension from the College. Two required Health Science courses with a grade of C- or below will result in dismissal from the College. Students may petition in writing to the Department Chair for re-admission to the College within 30 calendar days. Dismissal from the Health Science Program does not imply dismissal from the University of Colorado.

> A minimum of 120 hours must be completed with a cumulative CU grade point average of 2.0.

> 30 hours of the degree must be completed while registered in the Beth-El College of Nursing & Health Sciences at UCCS.

> Courses numbered below 1000 do not count towards degree completion.

Compass Curriculum

Compass Curriculum is the campus-wide general education program at UCCS. The Compass Curriculum has multiple components many of which will coincide with the degree requirements listed in this guide. Please visit the Compass Curriculum website at www.uccs.edu/compasscurriculum, review your degree audit, or check out the Compass Curriculum advising guide for specific course details. The required components are listed below and referenced in the guide.

REQUIRED COMPASS CURRICULUM COMPONENTS:

Component	Course
Gateway	GPS 1010
Explore¹ – Arts, Humanities and Cultures	See List
Explore¹ – Society, Behavior and Health	PSY 1000
Explore¹ – Physical and Natural World	See List
Navigate	HSCI 3630
Summit	HSCI 4840
Writing Intensive Course (WIC)² <i>Two courses with at least one upper-division (3000+ level).</i>	HSCI 4590 HSCI 3630
Inclusiveness²	HSCI 3630
Sustainability²	See List

¹ Explore must be outside major and area requirements.

² Can count towards other requirements within the Compass Curriculum or within a student's degree program.



DEPARTMENT OF HEALTH SCIENCES—Health & Wellness

Department website: www.uccs.edu/~bethel/

Degree Requirements	Courses		
	Course Number	Course Title	Credit Hours
Compass Curriculum Requirements (24 hours) All courses must have a grade of "C-" or better.	GPS 1010	Gateway Seminar Experience	3
	ENGL 1310	Rhetoric & Writing I	3
	ENGL 1410	Rhetoric & Writing II (<i>pre-req ENGL 1310</i>)	3
	MATH 1040	College Algebra (or higher) (<i>pre-req MATH 99 with a grade of "C" or better, or pass the Math Placement Test for MATH 1040.</i>)	3
	BIOL 1010	Intro to Human Biology	3
	PSY 1000	General Psychology	3
	Explore Elective	Choose from the Explore - Arts, Humanities & Cultures List	3
	Sustainability	Choose from the Sustainability list	3
	PORT 3000	Writing Portfolio Assessment	0
Health Science Core Requirements (9 hours)	HSCI 3201	Health Behavior Change (<i>soph level</i>)	3
	HSCI 3630	Culture & Health (<i>soph level</i>)	3
	HSCI 3100	Statistics & Research Methods (<i>pre-req junior standing</i>)	3
Health & Wellness Promotion Option Requirements (62 hours)	HSCI 1020	Personal Fitness & Wellness	3
	HSCI 2010	Intro to Health Science Professions	3
	HSCI 2070	Nutrition for Health Professionals (<i>can be taken during Interim</i>)	3
	HSCI 3520	Health Communication (<i>pre-req HSCI 3201</i>)	3
	HSCI 4050	Obesity & Weight Management (<i>pre-req HSCI 2070</i>)	3
	HSCI 4580	Physical Activity & Public Health	3
	HSCI 4590	Concepts of Health & Disease	3
	HSCI 4620	Internship in Health Sciences (<i>Jr level, HSCI 3520</i>)	6
	HSCI 4640	Program Planning (<i>pre-reqs HSCI 3201</i>)	3
	HSCI 4840	Program Evaluation Capstone (<i>pre-reqs HSCI 3100, 3201 & 4640, spring only</i>)	3
	HSCI Electives	Select from Approved Lists	54
All courses listed are approved electives. Students may take courses from both lists.	Interpersonal Wellness Promotion Emphasis		
		CHEM 1201, BIOL 3050, BIOL 3060, HSCI 3310, HSCI 4670, HSCI.4950, HSCI 2800, HSCI 3280, HSCI 4490, HSCI 4650, ANTH 3380, COMM 2010, COMM 4840, COUN 2500, COUN 4070, COUN 4500, ENGL 2080, GRNT 3000, NURS 2470, PSY 3150, PSY 3270, PSY 3620	
	Organizational & Community Wellness Promotion Emphasis		
	HSCI 4650, HSCI 2800, HSCI 4090, HSCI 4100, HSCI 4490, ANTH 3380, BIOL 4220, COMM 2010, COMM 2100, COMM 3480, COUN 2000, COUN 3500, COUN 4070, COUN 4500, ENGL 2080, ENGL 3750, GES 1990, GES 3920, GRNT 3000, MGMT 3300, NURS 2470, PSY 3150		

UCCS Four-Year Degree Plan – Health Care Science – Health & Wellness Option

The following four-year plan lists all the specific course requirements for the Bachelor of Science in Health Care Science – Health & Wellness Promotion option at UCCS. The order in which these courses are taken may vary with course availability. **Students are responsible for completing all course prerequisites.** Please note that this is a *suggested* degree program; your program may vary.

Suggested First Year					
FALL			SPRING		
√	Course	Hours	√	Course	Hours
	GPS 1010	3		ENGL 1410	3
	ENGL 1310	3		PSY 1000	3
	HSCI 1020	3		MATH 1040	3
	BIOL 1010	3		Emphasis Elective	3
	Explore – Arts, Humanities & Cultures Course	3		Emphasis Elective	3
	TOTAL	15		TOTAL	15
Suggested Second Year					
FALL			SPRING		
√	Course	Hours	√	Course	Hours
	HSCI 2070	3		HSCI 3201	3
	HSCI 2010	3		Emphasis Elective	3
	HSCI 3630	3		Emphasis Elective	3
	Emphasis Elective	6		Emphasis Elective	7
	TOTAL	15		TOTAL	16
Suggested Third Year					
FALL			SPRING		
√	Course	Hours	√	Course	Hours
	HSCI 3100	3		HSCI 3520	3
	Emphasis Elective	3		HSCI 4050	3
	Emphasis Electives	6		Emphasis Elective	3
	Sustainability Course	3		Emphasis Electives	6
	TOTAL	15		TOTAL	15
Suggested Fourth Year					
FALL			SPRING		
√	Course	Hours	√	Course	Hours
	General Electives	6		HSCI 4620	6
	HSCI 4640	3		HSCI 4840	3
	HSCI 4590	3		Emphasis Elective	5
	HSCI 4580	3			
	TOTAL	15		TOTAL	14