



B.S. Health Care Science - Health & Wellness Promotion Option

Academic Advising Hours:

Location: Main Hall 208

Hours: Monday–Friday: 9am-4pm Appointments Only (except Wednesday afternoons)

Drop-in Advising every Wednesday from 1pm-4:30pm

Call: (719) 255-3260

Website: www.uccs.edu/advising

General Academic Information

Academic Policies

It is the responsibility of each student to know and follow all Academic policies established by the University and the Beth-El College of Nursing & Health Sciences that are set forth in the Catalog (catalog.uccs.edu) and the Beth-El Student Handbook (<http://www.uccs.edu/~bethel/studenthandbooks.htm>).

Background Checks/ Risk Waivers

All Health Science students completing a practicum or internship are required to complete a criminal background check. Students enrolled in courses involving an activity component are required to complete the UCCS Risk Waiver prior to participating in any activity.

Probation/Suspension

Students may be placed on academic probation if their CU GPA falls below 2.0 or if they receive a grade below a C- in any required Health Science courses for the first time. They may continue with required courses unless the course/courses in which they received a grade below a C- are prerequisites for upcoming courses. In that case, the course/courses in which they received a grade below a C- must be repeated prior to progressing. Students may remain on academic probation for a maximum of three semesters with a GPA under 2.0. If, by the end of their third semester of probation, their CU GPA has not been raised to 2.0 or better, they will be subject to suspension from the College. Two required Health Science courses with a grade of C- or below will result in dismissal from the College. Students may petition in writing to the Department Chair for re-admission to the College within 30 calendar days. Dismissal from the Health Science Program does not imply dismissal from the University of Colorado.

> A minimum of 120 hours must be completed with a cumulative CU grade point average of 2.0.

> 30 hours of the degree must be completed while registered in the Beth-El College of Nursing & Health Sciences at UCCS.

> Courses numbered below 1000 do not count towards degree completion.

Compass Curriculum

Compass Curriculum is the campus-wide general education program at UCCS. The Compass Curriculum has multiple components many of which will coincide with the degree requirements listed in this guide. Please visit the Compass Curriculum website at www.uccs.edu/compasscurriculum, review your degree audit, or check out the Compass Curriculum advising guide for specific course details. The required components are listed below and referenced in the guide.

REQUIRED COMPASS CURRICULUM COMPONENTS:

Component	Course
Gateway	GPS 1010
Explore¹ – Arts, Humanities and Cultures	See List
Explore¹ – Society, Behavior and Health	PSY 1000
Explore¹ – Physical and Natural World	CHEM 1201
Navigate	HSCI 3630
Summit	HSCI 4840
Writing Intensive Course (WIC)² <i>Two courses with at least one upper-division (3000+ level).</i>	HSCI 4010 HSCI 4590
Inclusiveness²	HSCI 3630
Sustainability²	See List

¹ Explore must be outside major and area requirements.

² Can count towards other requirements within the Compass Curriculum or within a student's degree program.



DEPARTMENT OF HEALTH SCIENCES—Health & Wellness Option

Department website: www.uccs.edu/~bethel/

Degree Requirements	Courses		
	Course Number	Course Title	Credit Hours
Compass Curriculum Requirements (24 hours) All courses must have a grade of "C-" or better.	GPS 1010	Gateway Seminar Experience	3
	ENGL 1310	Rhetoric & Writing I	3
	ENGL 1410	Rhetoric & Writing II (<i>pre-req ENGL 1310</i>)	3
	MATH 1040	College Algebra (or higher) (<i>pre-req MATH 99 with a grade of "C" or better, or pass the Math Placement Test for MATH 1040.</i>)	3
	BIOL 1010	Intro to Human Biology	3
	PSY 1000	General Psychology	3
	Explore Elective	Choose from the Explore - Arts, Humanities & Cultures List	3
	Sustainability	Choose from the Sustainability list	3
	PORT 3000	Writing Portfolio Assessment	0
Health Science Prerequisites (22 hours)	BIOL 2010	Human Anatomy & Physiology I (<i>pre-req BIOL 1010 or BIOL 1300/1310; CHEM 1201 or CHEM 1401/1402</i>)	4
	BIOL 2020	Human Anatomy & Physiology II (<i>pre-req BIOL 2010</i>)	4
	CHEM 1201	Intro to Chemistry I (<i>pre-req high school algebra</i>)	4
	HSCI 1020	Personal Fitness and Wellness	3
	PES 1010	Physics for Life Sciences I (<i>pre-req 2yrs HS algebra or equivalent</i>)	4
	HSCI 2060	Health Science Statistics (<i>Can sub with PSY 2100</i>)	3
Health Science Core Requirements (12 hours)	HSCI 3201	Health Behavior Change (<i>soph level</i>)	3
	HSCI 3520	Health Communication (<i>pre-req HSCI 3201</i>)	3
	HSCI 3630	Culture & Health (<i>soph level</i>)	3
	HSCI 4010	Health Science Research (<i>pre-req HSCI 2060 or PSY 2100, HSCI 3630</i>)	3
Health & Wellness Promotion Option Requirements (62 hours)	HSCI Elective	1000+ Activity Course	1
	HSCI 2010	Intro to Health Science Professions	3
	HSCI 2070	Nutrition for Health Professionals (<i>can be taken during Interim</i>)	3
	BIOL 3300	Exercise Physiology (<i>pre-reqs BIOL 2010, 2020</i>)	3
	BIOL 4220	Epidemiology (<i>Jr level</i>)	3
	HSCI 4050	Obesity & Weight Management (<i>pre-req HSCI 2070</i>)	3
	HSCI 4580	Physical Activity & Public Health	3
	HSCI 4590	Concepts of Health & Disease (<i>pre-req BIOL 2010 & 2020</i>)	3
	HSCI 4620	Internship in Health Sciences (<i>Jr level, HSCI 3520</i>)	9
	HSCI 4640	Program Planning (<i>pre-reqs HSCI 3201</i>)	3
	HSCI 4670	Health Assessment (<i>pre-reqs BIOL 2010 & 2020</i>)	3
	HSCI 4840	Program Evaluation (<i>pre-reqs HSCI 2060, 3201, & 4640</i>)	3
	HSCI 4950	Exercise Testing & Prescription (<i>pre-reqs 4670, Adult CPR</i>)	4
	HSCI Electives	3000+ level courses	12
	General Electives	Complete 6 hours of general elective coursework.	6

UCCS Four-Year Degree Plan – Health Care Science – Health & Wellness Option

The following four-year plan lists all the specific course requirements for the Bachelor of Science in Health Care Science – Health & Wellness Promotion option at UCCS. The order in which these courses are taken may vary with course availability. **Students are responsible for completing all course prerequisites.** Please note that this is a *suggested* degree program; your program may vary.

Suggested First Year

FALL			SPRING		
√	Course	Hours	√	Course	Hours
	GPS 1010	3		ENGL 1410	3
	ENGL 1310	3		HSCI 1020	3
	CHEM 1201	4		MATH 1040	3
	BIOL 1010	3		HSCI 1000+ Activity Course	1
	Explore – Arts, Humanities & Cultures Course	3		PSY 1000	3
	TOTAL	16		TOTAL	13

Suggested Second Year

FALL			SPRING		
√	Course	Hours	√	Course	Hours
	BIOL 2010	4		BIOL 2020	4
	HSCI 2070	3		HSCI 2060	3
	PES 1010	4		HSCI 3201	3
	HSCI 2010	3		HSCI 4590	3
	HSCI 3630	3		HSCI 3000+ Elective	3
	TOTAL	17		TOTAL	16

Suggested Third Year

FALL			SPRING		
√	Course	Hours	√	Course	Hours
	BIOL 3300	3		HSCI 3000+ Elective	3
	BIOL 4220	3		HSCI 3520	3
	Sustainability Course	3		HSCI 4050	3
	HSCI 3000+ Electives	6		HSCI 4670	3
				General Electives	3
	TOTAL	15		TOTAL	15

Suggested Fourth Year

FALL			SPRING		
√	Course	Hours	√	Course	Hours
	General Electives	3		HSCI 4010	3
	HSCI 4640	3		HSCI 4620	9
	HSCI 4950	4		HSCI 4840	3
	HSCI 4580	3			
	TOTAL	13		TOTAL	15