

## Beth-El College of Nursing & Health Sciences – B.S. Health Care Science Nutrition Option

### Contact Information:

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### Student Success Center Advising Hours:

Monday: 9am-5pm Walk-in Advising  
Tuesday–Friday: 9am-4pm Appointments Only

To schedule an appointment, call 719-255-3260. The Student Success Center is located in Main Hall 208.

### General Academic Information

#### Academic Policies

It is the responsibility of each student to know and follow all Academic policies established by the University and the Beth-El College of Nursing & Health Sciences that are set forth in the Catalog ([catalog.uccs.edu](http://catalog.uccs.edu)) and the Beth-El Student Handbook (<http://www.uccs.edu/~bethel/studenthandbooks.htm>).

#### Didactic Program in Dietetics (DPD)

In order to become fully qualified as a Nutrition Practitioner, status as a Registered Dietitian (RD) is highly desirable. Becoming an RD involves the successful completion of a Bachelor's degree including specific DPD coursework, an internship, and the National Registration Exam. More information is available from the DPD Director.

#### Background Checks/ Risk Waivers

All Nutrition Option students are required to complete a criminal background check within one year prior to completing the practicum. Students enrolled in courses involving an activity component are required to complete the UCCS Risk Waiver prior to participating in any activity.

#### Probation/Suspension

Students in the Nutrition Option may be placed on academic probation if their CU GPA falls below 2.8 or if they receive a grade below a C- in any required courses for the first time. They may continue with required courses unless the course/courses in which they received a grade below a C- are prerequisites for upcoming courses. In that case, the course/courses in which they received a grade below a C- must be repeated prior to progressing. Students may remain on academic probation for a maximum of two semesters. If, by the end of their second semester of probation, their CU GPA has not been raised to 2.8 or better, they will be subject to suspension from the College. To continue in the major, students must maintain a minimum GPA of 2.8 in order to start the Nutrition sequence spring semester of junior year.

PLEASE NOTE: *While on probation, registration for the subsequent semester will be blocked until final grades are posted for the current semester. This is to verify that the minimum semester GPA for each student has been fulfilled.*

#### Compass Curriculum

Compass Curriculum is the campus-wide general education program at UCCS. The Compass Curriculum has multiple components many of which will coincide with the degree requirements listed in this guide. Please visit the Compass Curriculum website at [www.uccs.edu/compasscurriculum](http://www.uccs.edu/compasscurriculum), review your degree audit, or check out the Compass Curriculum advising guide for specific course details. The required components are listed below and referenced in the guide.

#### REQUIRED COMPASS CURRICULUM COMPONENTS:

Component	Course
<b>Gateway</b>	GPS 1010
<b>Explore<sup>1</sup></b> – Arts, Humanities and Cultures	See List
<b>Explore<sup>1</sup></b> – Society, Behavior and Health	ACCT 2010
<b>Explore<sup>1</sup></b> – Physical and Natural World	BIOL 1350
<b>Navigate</b>	HSCI 3630
<b>Summit</b>	HSCI 4940
<b>Writing Intensive Course (WIC)<sup>2</sup></b> <i>Two courses with at least one upper-division (3000+ level).</i>	HSCI 4010 HSCI 4930
<b>Inclusiveness<sup>2</sup></b>	HSCI 3630
<b>Sustainability<sup>2</sup></b>	HSCI 3950

<sup>1</sup> Explore must be outside major and area requirements.

<sup>2</sup> Can count towards other requirements within the Compass Curriculum or within a student's degree program.



# DEPARTMENT OF HEALTH SCIENCES—Nutrition Option

Program Contact: Kim Schenck, 719-255-4478, [kschenck@uccs.edu](mailto:kschenck@uccs.edu), University Hall 206

Department website: [www.uccs.edu/~bethel/](http://www.uccs.edu/~bethel/)

Degree Requirements	Courses		
	Course Number	Course Title	Credit Hours
<b>General Education Requirements</b> (22 hours)  All courses must have a grade of "C-" or better.	GPS 1010	Gateway Seminar Experience	3
	ENGL 1310	Rhetoric & Writing I	3
	ENGL 1410	Rhetoric & Writing II ( <i>pre-req ENGL 1310</i> )	3
	MATH 1040	College Algebra or higher ( <i>pre-req score 12+ on Algebra Diagnostic Exam</i> )	3
	ACCT 2010	Intro to Financial Accounting ( <i>pre-req MATH 1040</i> )	3
	Explore Elective	Arts, Humanities & Cultures	3
	BIOL 1350/1360	General Biology II: Intro to the Cell and Lab ( <i>pre-req CHEM 1301</i> )	4
	PORT 3000	Writing Portfolio Assessment	0
<b>Health Science Prerequisites</b> (25 hours)	HSCI 2060	Health Science Statistics ( <i>Can sub with PSY 2100</i> )	3
	BIOL 2010	Human Anatomy & Physiology I ( <i>pre-req BIOL 1010 or 1300, or CHEM 1201 or 1301</i> )	4
	BIOL 2020	Human Anatomy & Physiology II ( <i>pre-req BIOL 2010</i> )	4
	BIOL 2030/2130	Microbiology and Lab ( <i>pre-req Gen BIOL or Gen CHEM</i> )	4
	CHEM 1301	General Chemistry I ( <i>pre-reqs 1 yr HS CHEM &amp; 2yrs HS Math</i> )	5
	CHEM 1311	General Chemistry II ( <i>pre-req CHEM 1301 w/C or higher</i> )	5
<b>Health Science Core Requirements</b> (12 hours)	HSCI 3201	Health Behavior Change ( <i>soph level</i> )	3
	HSCI 3520	Health Communication ( <i>pre-req HSCI 3201</i> )	3
	HSCI 3630	Culture & Health ( <i>soph level</i> )	3
	HSCI 4010	Health Science Research ( <i>pre-req HSCI 2060 or PSY 2100, HSCI 3520</i> )	3
<b>Nutrition Option Requirements</b> (61 hours)  <i>Courses marked with an asterisk (*) denote the (DPD) courses. All courses must be completed with a C or better.</i>	CHEM 3001/3002*	Organic Chemistry and Lab ( <i>pre-req CHEM 1311 w/C or better</i> )	5
	CHEM 4211*	Biochemistry Principles ( <i>pre-reqs BIOL 1350, CHEM 3001, 3002</i> )	3
	MKTG 3000	Principles of Marketing ( <i>pre-req ENGL 1310, Jr. Standing</i> )	3
	PSY 1000	General Psychology	3
	HSCI 2070*	Nutrition for Health Professionals	3
	HSCI 2080*	The Profession of Dietetics ( <i>fall only</i> )	3
	HSCI 3920*	Community Nutrition ( <i>pre-reqs BIOL 2030, CHEM 3001, 3002, HSCI 2070, co-req HSCI 3940, 3950, 4920</i> )	3
	HSCI 3940*	Nutrition Science & Food Prep ( <i>pre-reqs BIOL 2030, 2130, CHEM 3001, 3002, &amp; HSCI 2070, co-reqs HSCI 3920, 3950, 4920</i> )	3
	HSCI 3950*	Food Systems Management I ( <i>pre-req PSY 1000, co-req HSCI 3920, 3940, 4920</i> )	3
	HSCI 4020*	Food Systems Management II ( <i>pre-reqs ACCT 2010, HSCI 3920, 3940, 3950, co-req MKTG 3000</i> )	3
	HSCI 4080*	Pathophysiology ( <i>pre-reqs BIOL 2010, 2020 &amp; CHEM 1301, 1311</i> )	3
	HSCI 4430*	Advanced Nutrition I ( <i>pre-reqs BIOL 2010, 2020, CHEM 4201, HSCI 2070, fall only</i> )	3
	HSCI 4440*	Advanced Nutrition II ( <i>pre-reqs HSCI 4430, spring only</i> )	3
	HSCI 4910*	Dietetic Internship Application Process ( <i>fall only</i> )	1
	HSCI 4920*	Nutritional Assessment ( <i>pre-reqs HSCI 2070, 4080, co-req BIOL 4201, HSCI 3920, 3940, 3950</i> )	3
	HSCI 4930*	Medical Nutrition Therapy I ( <i>pre-req HSCI 4920, CHEM 4201, pre or co-req HSCI 4430</i> )	3
	HSCI 4940*	Nutrition Practicum ( <i>pre-reqs HSCI 3920, 3940, 4020, 4930, co-req HSCI 4960, Portfolio required</i> )	4
	HSCI 4960*	Medical Nutrition Therapy II ( <i>pre-reqs HSCI 4930, co-req HSCI 4440,</i> )	3
HSCI Electives	HSCI Electives 3000 level or higher	6	

> A minimum of 120 hours must be completed with a cumulative CU grade point average of 2.8; at least 45 of these hours must be at the upper-division level (courses numbered 3000-4999).

> The last 30 hours of the degree must be completed while registered in the Beth-El College of Nursing & Health Sciences at UCCS.

> Courses numbered below 1000 do not count towards degree completion.



## Four-Year Degree Plan – Health Care Science – Nutrition Option

The following four-year plan lists all the specific course requirements for the Bachelor of Science in Health Care Science – Nutrition Option degree at UCCS. The order in which these courses are taken may vary with course availability. **Students are responsible for completing all course prerequisites.** Please note that this is a *suggested* degree program; your program may vary.

### Suggested First Year

FALL			SPRING		
√	Course	Hours	√	Course	Hours
	GPS 1010	3		ENGL 1410	3
	ENGL 1310	3		BIOL 1350/1360	4
	HSCI 2080*	3		CHEM 1311	5
	CHEM 1301	5		MATH 1040	3
	<b>TOTAL</b>	14		<b>TOTAL</b>	15

### Suggested Second Year

FALL			SPRING		
√	Course	Hours	√	Course	Hours
	BIOL 2010	4		BIOL 2020	4
	ACCT 2010	3		HSCI 3630	3
	HSCI 2060	3		Explore – Arts, Humanities & Cultures Course	3
	HSCI 2070*	3		CHEM 3001/3002*	5
	HSCI 3201	3			
	<b>TOTAL</b>	16		<b>TOTAL</b>	15

### Suggested Third Year

FALL			SPRING		
√	Course	Hours	√	Course	Hours
	BIOL 2030/2130	4		CHEM 4211*	3
	PSY 1000	3		HSCI 3920*	3
	HSCI 4080*	3		HSCI 3940*	3
	HSCI 3520	3		HSCI 3950*	3
	HSCI 3000+ Elective	3		HSCI 4920*	3
	<b>TOTAL</b>	16		<b>TOTAL</b>	15

### Suggested Fourth Year

FALL			SPRING		
√	Course	Hours	√	Course	Hours
	HSCI 4010	3		HSCI 4440*	3
	HSCI 4020*	3		HSCI 4940*	4
	HSCI 4430*	3		HSCI 4960*	3
	HSCI 4930*	3		HSCI 3000+ Elective	3
	HSCI 4910*	1			
	MKTG 3000	3			
	<b>TOTAL</b>	16		<b>TOTAL</b>	13