

Beth-El College of Nursing & Health Sciences – B.S. Health Care Science Health & Wellness Promotion Option

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Academic Advising Hours:

Monday: 9am-5pm Walk-in Advising
Tuesday–Friday: 9am-4pm Appointments Only
To schedule an appointment, call 719-255-3260. Academic Advising is located in Main Hall 208.

General Academic Information

Academic Policies

It is the responsibility of each student to know and follow all Academic policies established by the University and the Beth-El College of Nursing & Health Sciences that are set forth in the Catalog (catalog.uccs.edu) and the Beth-El Student Handbook (<http://www.uccs.edu/~bethel/studenthandbooks.htm>).

Background Checks/ Risk Waivers

All Health Science students completing a practicum or internship are required to complete a criminal background check. Students enrolled in courses involving an activity component are required to complete the UCCS Risk Waiver prior to participating in any activity.

Probation/Suspension

Health Sciences students may be placed on academic probation if their CU GPA falls below 2.0 or if they receive a grade below a C- in any required courses for the first time. They may continue with required courses unless the course/courses in which they received a grade below a C- are prerequisites for upcoming courses. In that case, the course/courses in which they received a grade below a C- must be repeated prior to progressing. Students may remain on academic probation for a maximum of three semesters. If, by the end of their third semester of probation, their CU GPA has not been raised to 2.0 or better, they will be subject to suspension from the College. Two failures of any required health science core and/or specialty courses of two credits or greater will result in dismissal from the College. Students may petition in writing to the Department Chair for re-admission to the College within 30 calendar days. Dismissal from the Health Science Program does not imply dismissal from the University of Colorado.

PLEASE NOTE: *While on probation, registration for the subsequent semester will be blocked until final grades are posted for the current*

semester. This is to verify that the minimum semester GPA for each student has been fulfilled.

Compass Curriculum

Compass Curriculum is the campus-wide general education program at UCCS. The Compass Curriculum has multiple components many of which will coincide with the degree requirements listed in this guide. Please visit the Compass Curriculum website at www.uccs.edu/compasscurriculum, review your degree audit, or check out the Compass Curriculum advising guide for specific course details. The required components are listed below and referenced in the guide.

REQUIRED COMPASS CURRICULUM COMPONENTS:

| Component | Course |
|---|------------------------|
| Gateway | GPS 1010 |
| Explore¹ – Arts, Humanities and Cultures | See List |
| Explore¹ – Society, Behavior and Health | PSY 1000 |
| Explore¹ – Physical and Natural World | CHEM 1201 |
| Navigate | HSCI 3630 |
| Summit | HSCI 4840 |
| Writing Intensive Course (WIC)² <i>Two courses with at least one upper-division (3000+ level).</i> | HSCI 4010 HSCI 4590 |
| Inclusiveness² | HSCI 3630 |
| Sustainability² | See List |

¹ *Explore must be outside major and area requirements.*

² *Can count towards other requirements within the Compass Curriculum or within a student’s degree program.*



DEPARTMENT OF HEALTH SCIENCES—Health & Wellness Option

Department website: www.uccs.edu/~bethel/

| Degree Requirements | Courses | | |
|--|------------------|--|--------------|
| | Course Number | Course Title | Credit Hours |
| Compass Curriculum Requirements (24 hours) All courses must have a grade of "C-" or better. | GPS 1010 | Gateway Seminar Experience | 3 |
| | ENGL 1310 | Rhetoric & Writing I | 3 |
| | ENGL 1410 | Rhetoric & Writing II (<i>pre-req ENGL 1310</i>) | 3 |
| | MATH 1040 | College Algebra (or higher) (<i>pre-req MATH 99 with a grade of "C" or better, or pass the Math Placement Test for MATH 1040.</i>) | 3 |
| | BIOL 1010 | Intro to Human Biology | 3 |
| | PSY 1000 | General Psychology | 3 |
| | Explore Elective | Arts, Humanities & Cultures Course | 3 |
| | Sustainability | Sustainability course | 3 |
| | PORT 3000 | Writing Portfolio Assessment | 0 |
| Health Science Prerequisites (22 hours) | BIOL 2010 | Human Anatomy & Physiology I (<i>pre-req BIOL 1010 or BIOL 1300/1310; CHEM 1201 or CHEM 1301</i>) | 4 |
| | BIOL 2020 | Human Anatomy & Physiology II (<i>pre-req BIOL 2010</i>) | 4 |
| | CHEM 1201 | Intro to Chemistry I (<i>pre-req high school algebra</i>) | 4 |
| | HSCI 1020 | Personal Fitness and Wellness | 3 |
| | PES 1010 | Physics for Life Sciences I (<i>pre-req MATH 1040</i>) | 4 |
| | HSCI 2060 | Health Science Statistics (<i>Can sub with PSY 2100</i>) | 3 |
| Health Science Core Requirements (12 hours) | HSCI 3201 | Health Behavior Change (<i>soph level</i>) | 3 |
| | HSCI 3520 | Health Communication (<i>pre-req HSCI 3201</i>) | 3 |
| | HSCI 3630 | Culture & Health (<i>soph level</i>) | 3 |
| | HSCI 4010 | Health Science Research (<i>pre-req HSCI 2060 or PSY 2100, HSCI 3630</i>) | 3 |
| Health & Wellness Promotion Option Requirements (62 hours) | HSCI Elective | 1000+ Activity Course | 2 |
| | HSCI 2010 | Intro to Health Science Professions | 3 |
| | HSCI 2070 | Nutrition for Health Professionals (<i>can be taken during Interim</i>) | 3 |
| | BIOL 3300 | Exercise Physiology (<i>pre-reqs BIOL 2010, 2020, fall only</i>) | 3 |
| | BIOL 4220 | Epidemiology (<i>Jr/Sr level</i>) | 3 |
| | HSCI 4050 | Obesity & Weight Management (<i>pre-req HSCI 2070</i>) | 3 |
| | HSCI 4580 | Physical Activity & Public Health | 3 |
| | HSCI 4590 | Concepts of Health & Disease (<i>pre-req BIOL 2010 & 2020</i>) | 3 |
| | HSCI 4620 | Internship in Health Sciences (<i>Jr/Sr level, HSCI 3520</i>) | 9 |
| | HSCI 4640 | Program Planning (<i>pre-reqs HSCI 3201</i>) | 3 |
| | HSCI 4670 | Health Assessment (<i>pre-reqs BIOL 2010 & 2020</i>) | 3 |
| | HSCI 4830 | Intervention Methods & Strategies (<i>pre-req HSCI 3201, spring only</i>) | 3 |
| | HSCI 4840 | Program Evaluation (<i>pre-reqs HSCI 2060, 3201, 4830, & 4640, spring only</i>) | 3 |
| | HSCI 4950 | Exercise Testing & Prescription (<i>pre-reqs 4670, Adult CPR, fall and spring only</i>) | 4 |
| | HSCI Electives | 3000+ level courses | 14 |

> A minimum of 120 hours must be completed with a cumulative CU grade point average of 2.0; at least 45 of these hours must be at the upper-division level (courses numbered 3000-4999).

> The last 30 hours of the degree must be completed while registered in the Beth-El College of Nursing & Health Sciences at UCCS.

> Courses numbered below 1000 do not count towards degree completion.

UCCS Four-Year Degree Plan – Health Care Science – Health & Wellness

The following four-year plan lists all the specific course requirements for the Bachelor of Science in Health Care Science – Health & Wellness Promotion option at UCCS. The order in which these courses are taken may vary with course availability. **Students are responsible for completing all course prerequisites.** Please note that this is a *suggested* degree program; your program may vary.

Suggested First Year

| FALL | | | SPRING | | |
|------|--|-------|--------|----------------------------|-------|
| √ | Course | Hours | √ | Course | Hours |
| | GPS 1010 | 3 | | ENGL 1410 | 3 |
| | ENGL 1310 | 3 | | HSCI 1020 | 3 |
| | CHEM 1201 | 4 | | MATH 1040 | 3 |
| | BIOL 1010 | 3 | | HSCI 1000+ Activity Course | 2 |
| | Explore – Arts, Humanities & Cultures Course | 3 | | PSY 1000 | 3 |
| | TOTAL | 16 | | TOTAL | 14 |

Suggested Second Year

| FALL | | | SPRING | | |
|------|--------------|-------|--------|---------------------|-------|
| √ | Course | Hours | √ | Course | Hours |
| | BIOL 2010 | 4 | | BIOL 2020 | 4 |
| | HSCI 2070 | 3 | | HSCI 2060 | 3 |
| | PES 1010 | 4 | | HSCI 3201 | 3 |
| | HSCI 2010 | 3 | | HSCI 4590 | 3 |
| | HSCI 3630 | 3 | | HSCI 3000+ Elective | 3 |
| | TOTAL | 17 | | TOTAL | 16 |

Suggested Third Year

| FALL | | | SPRING | | |
|------|-----------------------|-------|--------|---------------------|-------|
| √ | Course | Hours | √ | Course | Hours |
| | BIOL 3300 | 3 | | HSCI 3000+ Elective | 3 |
| | Sustainability Course | 3 | | HSCI 3520 | 3 |
| | HSCI 3000+ Elective | 3 | | HSCI 4050 | 3 |
| | BIOL 4220 | 3 | | HSCI 4670 | 3 |
| | | | | HSCI 4830 | 3 |
| | TOTAL | 12 | | TOTAL | 15 |

Suggested Fourth Year

| FALL | | | SPRING | | |
|------|---------------------|-------|--------|--------------|-------|
| √ | Course | Hours | √ | Course | Hours |
| | HSCI 3000+ Elective | 5 | | HSCI 4010 | 3 |
| | HSCI 4640 | 3 | | HSCI 4620 | 9 |
| | HSCI 4950 | 4 | | HSCI 4840 | 3 |
| | HSCI 4580 | 3 | | | |
| | TOTAL | 15 | | TOTAL | 15 |