



University of Colorado
Colorado Springs

2013 Biennial Review

Drug-Free Schools and Communities Act

July 2011-June 2013



**Compiled by the
Office of the Dean of Students**

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Introduction of the Biennial Review

In accordance with the Drug Free Schools and Communities Act (DFSCA), Education Department General Administrative Regulations (EDGAR) Part 86, the University of Colorado Colorado Springs (UCCS), as an institution of higher education with federal funding is required to conduct a Biennial Review of all alcohol and drug prevention efforts. The Biennial Review requires the following two objectives be met:

1. To determine alcohol and other drug (AOD) prevention program effectiveness by identifying and implementing needed changes through a description of AOD program elements, goals and achievements, strengths and weaknesses, procedures for distributing AOD notifications, copies of policies available to students, and recommendations.
2. To enforce the sanctions fairly and consistently through reviews of past cases and documentation of the efforts to support the standards of conduct.

In order for the Biennial Review to be completed, the following offices were used to provide information through statistics, interviews, and online resources for the Biennial Review process:

- Office of the Dean of Students
- Department of Public Safety
- Student Health Center
- University Counseling Center
- Office of Residence Life and Housing
- Campus Recreation Center
- Office of Student Activities
- Human Resources Office
- Office of Student Life and Leadership

The data collected will be made available online through the Office of the Dean of Students and the Alcohol and Other Drugs websites. Printed copies may be requested from the Office of the Dean of Students.

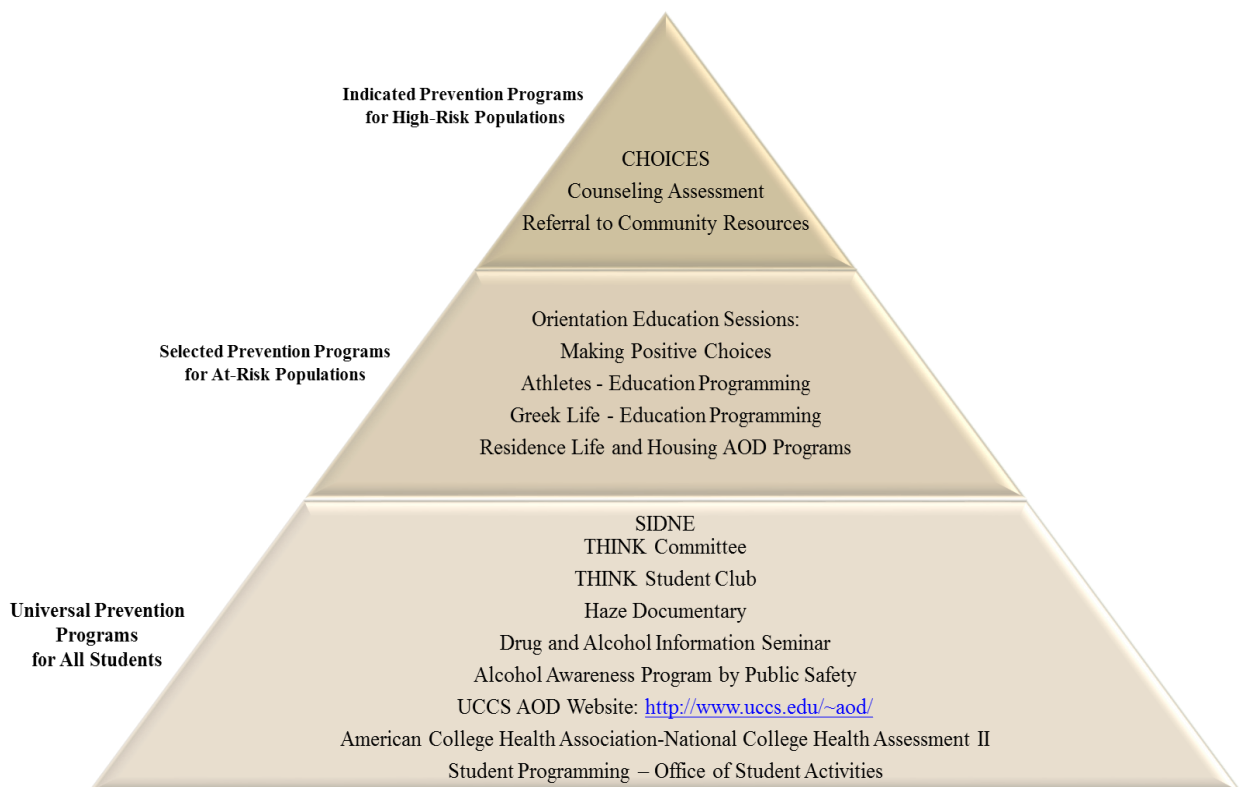
The purpose of this report is to meet the requirements set forth by the DFSCA in conducting a Biennial Review, as well as educate the UCCS campus community on alcohol and drug prevention from July 2011 to June 2013.

Objective I. Alcohol and Other Drug Prevention Programming

A. Program Elements, Goals, and Achievements

UCCS utilizes the Substance Abuse and Mental Health Services Administration (SAMHSA) Prevention Model for Alcohol and Other Drug (AOD) Prevention Programming. This model recommends a multi-tier approach focusing on prevention strategies for universal, selective, and indicated populations. In this model, the majority of the University's prevention efforts focus on primary prevention at the universal level. Prevention strategies provide alternatives to high-risk behavior and educates all students on pro-social behaviors. Prevention strategies for the selective population focus on early intervention and harm reduction for groups of students with identifiable risk-factors, such as housing students and incoming freshman. The third tier of the prevention model, the indicated group, focuses on those who have been referred to judicial affairs for alcohol or drug policy violations.

The figure below indicates where programming efforts fall within the tier system:



AOD prevention program activities implemented from July 1, 2011 to June 30, 2013 by multiple UCCS departments are described below:

- CHOICES¹
 - 90 minute peer-facilitated class given 1-2 times per month during the Fall and Spring semesters for students who were referred by Residence Life and/or the Office of the Dean of Students for a first time alcohol violation
 - Alcohol abuse prevention and harm reduction program for college students involving reflective journaling
 - GOAL: “To educate college students about the effects of alcohol on their behavior, to promote self-evaluation of drinking pattern and to facilitate the acquisition of effective coping strategies so that students can make informed decisions and reduce their alcohol-related risk and harm”²
- Counseling Assessments/Community Referrals
 - The University Counseling Center offers a one-time counseling assessment for students who have repeat alcohol or drug violations. They also offer continuing counseling services and community referrals if deemed necessary through the assessment process
 - GOAL: To conduct a mental health threat assessment and if needed develop a prevention or treatment plan which could include follow-up counseling sessions, support groups, or community referrals
- Making Positive Choices¹
 - 20-30 minute presentation during Freshman and Transfer student orientations
 - Addresses overall campus safety for students, drug and alcohol awareness, sexual harassment, assault prevention, and emergency preparedness
 - GOAL: To educate students on local laws, UCCS policies, and the Student Code of Conduct
- Residence Life and Housing AOD Program
 - August 2011 and 2012: Housing Health Bingo included AOD information presented to all Freshmen living on-campus
 - Each Resident Assistant is required to do one health and safety program per semester which includes information on the effects of alcohol and drugs
- SIDNE¹
 - Offered 2 times per year on campus
 - SIDNE (Simulated Impaired DrivINg Experience): Battery-powered vehicle in which alcohol and other drug impairment is simulated through a delayed response mode
 - GOAL: Demonstrate the dangers of impaired driving

- THINK Committee

¹ <http://www.uccs.edu/asr/crime-prevention-and-education.html>

² (Kathryn K. Calhoon, Parks, & Marlatt, 2005)

- Campus-wide committee with Departments represented from Public Safety, Dean of Students Office, Student Activities, Student Health Center, University Counseling Center, Student Government, and Residence Life and Housing.
- GOAL: “THINK is a drug and alcohol awareness committee on campus committed to raising awareness of the consequences of drug and alcohol use.”³
- THINK Student Club (Subgroup of the THINK Committee)
 - Goal: Student club with students working together to promote healthy and safe lifestyle decisions concerning high risk behavior
 - Safe Spring Break 2013
 - Spring 2013
 - GOAL: To encourage college students to have a safe spring break by remembering safety tips (about impaired driving, alcohol abuse, road safety, sun exposure, and making decisions about sexual activity and health) and taking a pledge to be safe
 - National Collegiate Alcohol Awareness Week Campaign
 - Campaign #makeSMARTchoices
 - GOAL: Recognize the close connection between alcohol abuse and impaired driving and educate students of the consequences of drinking alcohol
- HAZE Documentary
 - Shown in October 2011 and in October 2012
 - Sponsored by Public Safety, THINK Committee, Health Center, Residence Life, Freshman Seminar, the Office of Student Activities, and the Office of the Dean of Students
 - 2 hour and 20 minute documentary examining high risk drinking behavior and the death of college student Gordie Bailey
 - GOAL: To save lives by educating college students on the dangers of alcohol abuse and hazing
- Drug and Alcohol Information Seminar⁴
 - Available to departments or student groups by request
 - GOAL: Recognize controlled substances, their effects on people, and what to do if one suspects that someone is using or selling drugs
- FATAL VISION® Goggles
 - Fatal Vision® Goggles simulate sight impairment for three levels of estimated BAC (less than .06, .07 to .10+, and .17 to .20+) in both daylight and nighttime conditions
 - GOAL: Demonstrate the concept of impairment and the dangers of alcohol and drug misuse to students
- American College Health Association-National College Health Assessment II
 - See Objective II. B.
 - GOAL: Collect data on various topics to demonstrate the health and safety of the campus

³ <http://www.uccs.edu/pusafety/police/prevention/think-drug-and-alcohol.html>

⁴ <http://www.uccs.edu/asr/crime-prevention-and-education.html>

- Additional activities for alcohol and drug awareness hosted on-campus:
 - Motivational interview meeting held with students reported for alcohol and/or drug offenses
 - Greek Life and Athletics educational programs (held once per semester)
 - Office of Student Activities (OSA) hosts events throughout the year to provide a fun alternative to drinking. Disorientation Week, Welcome Week, and ROAR Daze all feature multiple alcohol-free social events and are held during strategic points throughout the year to curb high-risk drinking behavior
 - Beer Goggle Dodgeball (February 2012)
 - Drug and Alcohol Awareness with Phi Sigma Sigma (March 2012)
 - Student Health Fair with drug and alcohol education (September 2012)
 - OSA Blackout Night—high risk drinking education is presented through games and activities/beer goggles (January 2012, January 2013)
 - Take Back the Night—drug and alcohol education related to violence and assault (April 2013)

B. Program Strengths and Weakness

Strengths and weakness of the AOD program were collected from participants of the THINK committee, a campus wide committee committed to raising awareness of the consequences of drug and alcohol use. Feedback was compiled by the Office of the Dean of Students.

Strengths

- Consistent enforcement of Student Conduct Process for underage drinking
- Choices Courses
 - Participants indicated the program was effective in increasing awareness of alcohol risks and facts surrounding drinking⁵
 - 2% recidivism rate ⁶
- Leniency for students that are seeking help for themselves or others
- Freshman Orientation presentation: interactive presentation that educates incoming students on UCCS policies, Good Samaritan Law, and getting help for others
- Completion of the ACHA - NCHA II Survey for the first time; yielded a high response rate and base-line data to measure effectiveness of future prevention efforts
- New AOD website with information on policies, health effects, and local resources
- New awareness campaigns for alcohol and other drugs
- Majority of students completing the ACHA-NCHA II Survey reported that they had received information alcohol and other drugs
- Strong communication and cooperation between involved departments
- Campus involvement with the Colorado Coalition of Alcohol and Drug Educators

⁵ Course post-test and satisfaction surveys

⁶ Calculated based on reported repeat offenders during the period of review.

Weaknesses

- Resources available to devote to alcohol and drug prevention efforts; no single office or staff dedicated to AOD prevention
- Limited off-campus resources; no regional coordination between higher education institutions
- Cost of program implementation
- Student involvement and program delivery beyond RAs
- Non-regulated off-campus house parties

C. Program Threats and Recommendations

Program threats and recommendations were also compiled by the THINK committee.

Threats

- Growing campus population
- Increase in residential student population
- Privately-owned housing communities located near campus opening fall 2014
- No alcohol education required beyond orientation sessions
- Unregulated off-campus parties
- Legalization of marijuana in Colorado

Recommendations

- Develop off-campus referral system with UCCS Campus Police and Colorado Springs Police Department
- Develop new sanctions programming for first time marijuana offenses
- Develop new sanctions for repeat offenders
- Develop Social Norming Campaign based on survey data and grounded in proven practices
- Explore new awareness speakers/events for National Collegiate Alcohol Awareness Week
- Partner with community designated driver/safe ride programs
- Explore party registration programs for off-campus students (Similar to CU Boulder⁷)
- Enhance risk management training for clubs and organizations
- Increase peer education
- Establish formal ties with Freshman Seminar as it evolves into the Gateway program
- Explore expanding AOD outreach programs and prevention efforts through dedicated staff/office and launching new high profile events

Objective II. Alcohol and Other Drug Policy Compliance

⁷ <http://ocss.colorado.edu/content/party-registration-program-0>

A. Distribution Procedures

1. Annual Notifications

In order to comply with the Drug-Free Schools and Campuses Regulations, Part 86, procedures for distributing annual Alcohol and Other Drug (AOD) notifications to all enrolled UCCS students and all employees are the following:

Electronic:	<ul style="list-style-type: none">• Emails are sent out to all students (off-campus, abroad, and on-line) and all employees (full-time, part-time, off-campus, online) at the beginning of each Fall and Spring semesters.• AOD notifications and policies can all be found online (See Objective I. C. 2.)
Paper:	<ul style="list-style-type: none">• Resident students receive the Resident Handbook, which contains the AOD policies• Posters with substance free events are placed around campus “Schedule of Courses” booklets can be found for each semester and include notifications and policies in brief
Presentation:	<ul style="list-style-type: none">• Presentations involving AOD policies are given to First Year students and Transfer students at orientations• Presentations at various campus events

2. Campus Policies

Many of the policies listed below are from the Alcohol and Other Drug UCCS website, which was created and is maintained by the Office of the Dean of Students. The AOD website includes information on:

- University policies
- Health effects information
- Resources and services available on and off campus
- Penalties and sanctions for misuse of alcohol and other drugs

All policies including AOD resources and legalities:

Student Code of Conduct:

<http://www.uccs.edu/~Documents/dos/Student%20Code%20of%20Conduct-UCCS.pdf>
(Page 4 of document)

Campus Alcohol Policy #100-003:

<http://www.uccs.edu/Documents/vcaf/policies/100-003Alcohol2013.pdf>

Drug Free Workplace Act:

<http://www.uccs.edu/asr/drug-free-workplace.html>

Financial Aid Drug Convictions Policy:

<http://www.uccs.edu/finaid/policies/drug.html>

Human Resources—State of Colorado Substance Abuse Policy:

Document downloadable from <http://www.uccs.edu/hr/hr-operations/hr-policies-and-guidelines.html> under “Substance Abuse”

Public Safety Drug and Alcohol Policy:

(Part A): <http://www.uccs.edu/asr/alcohol-and-drug-policy.html>

(Part B): <http://www.uccs.edu/asr/drug-free-workplace.html>

Athletic Department AOD Intramural Sports Policy:

[http://www.uccs.edu/Documents/campusrec/12-](http://www.uccs.edu/Documents/campusrec/12-13%20Intramural%20Sports%20Handbook.pdf)

[13%20Intramural%20Sports%20Handbook.pdf](http://www.uccs.edu/Documents/campusrec/12-13%20Intramural%20Sports%20Handbook.pdf)

(Page 23 of document)

Athletic Department AOD Club Sports Policy:

[http://www.uccs.edu/Documents/campusrec/2012%20Club%20Sports%20Handbook.p](http://www.uccs.edu/Documents/campusrec/2012%20Club%20Sports%20Handbook.pdf)

[df](http://www.uccs.edu/Documents/campusrec/2012%20Club%20Sports%20Handbook.pdf)

(Page 12 of document)

Athletic Department Alcohol and Other Drug Testing Policy:

<http://www.uccs.edu/aod/policy.html>

Alcoholic Beverages and Substance Abuse Policy—University Housing

(Page 3 of document):

<http://www.uccs.edu/Documents/residence/1213%20Housing%20Handbook%20Final%20for%20printing.pdf>

B. Enforcement of Campus Policies and Case Documentation

1. Campus Policy Enforcement

Campus Enforcement

UCCS Police Officers do routine patrols of campus to ensure all students, faculty, staff, and campus visitors are complying with state and federal laws, as well as University Policies. The department maintains strict internal guidelines for ensuring all parts of campus are being checked on a regular basis. Public Safety also employs security officers, in addition to their police officers, to provide additional monitoring of high-risk areas. These security officers have direct access to UCCS police dispatch, so they can quickly report any suspicious activity.

Housing Enforcement

In addition to regular foot patrols by UCCS Police and security guards, Resident Assistants (RAs) are required to do rounds through all of the housing areas to check for any policy violations. RAs are provided with training on AOD policies and enforcement prior to the Fall and Spring semesters. Additionally, two full time professional staff members reside in the residence halls, and there is always a student staff member and a professional staff member on call after hours for incidents occurring in housing areas.

Judicial Process

The judicial process is initiated when a Residence Life Incident Report, a Police Report, or a written complaint with sufficient information is received by either the Dean of Students Office or the Office of Residence Life and Housing. Upon receipt of the complaint or report, the judicial officer may conduct an investigation to decide whether there is substance to the allegations, whether the allegations fall within the jurisdiction of this policy, and whether conduct proceedings should occur. The student is notified and the case is heard according to the guidelines provided by the Student Code of Conduct.

If the student is found responsible, sanctions imposed for misconduct must be based upon a consideration of all the circumstances in a particular case. First and second offenses may include the following: a) Parental notification; b) Probation; c) Attendance of a University sponsored alcohol awareness class; d) Substance abuse assessment referral; e) Community service; f) Written educational assignments. Third or subsequent offenses may include suspension or expulsion.

Mitigating and aggravating circumstances are considered in the case and repeated violations are likely to result in progressively more severe sanctions. Sanctioning of alcohol and drug violations may be more severe if the incident includes any of the following aggravating factor(s): public intoxication, provision of alcohol/drugs to minors, driving a vehicle under the influence of alcohol/drugs, damage to property, and obstruction of a peace officer or failure to cooperate with a University official. Sanctioning may also be more severe if the violation is accompanied by other violations of the Student Code of Conduct or multiple violations of the Student Code of Conduct.

All conduct cases are managed and tracked through a judicial software. Cases are reviewed annually by the Dean of Students, Associate Director of Housing, and Public Safety Operations Manager to ensure fair and consistent enforcement of sanctions by hearing officers.

Complete information on the UCCS judicial process can be found at:
<http://www.uccs.edu/dos/student-conduct/student-code-of-conduct.html>

2. Case Documentation and Statistics

In order to measure consistency in enforcement of AOD offenses, the Biennial Review for the DFSCA requires institutions of higher education to document each case and treat each case with similar repercussions.

Each case reported through UCCS public safety can be viewed at the following link on UCCS' website: <http://www.uccs.edu/pusafety/police/blotter.html>.

Violations Recorded

From July 2011-June 2013 there were 175 cases reported to public safety involving alcohol and/or drug misuse. The table below indicates the type of case and the number of cases for each 6 month period during this time. Cases may have involved multiple individuals. ⁵

	July-December 2011	January- June 2012	July-December 2012	January- June 2013
Alcohol Misuse	29	21	28	18
Drug Misuse	18	16	28	8
Alcohol and Drug Misuse	2	2	5	0
Total	49	39	61	26

Violation Case Dispositions

The table below indicates the outcome of the cases reported to UCCS Public Safety during this two year period. Because cases may have involved multiple individuals, more than one outcome may have occurred with the case.

	July- December 2011	January- June 2012	July- December 2012	January- June 2013
Case Open -The case is still being investigated	0	2	2	1
Case Open Inactive -The case is left open pending information that would allow the investigation to continue.	0	1	5	2
Case Closed by Arrest -The suspect(s) in the case have been identified and have been either summonsed into court or booked into jail.	30	21	33	13
Case Closed Unfounded -The report of a crime has been unsubstantiated through investigation.	1	1	5	1
Case Closed by Referral -The subject(s) in the case have been issued verbal warnings for their actions and referred to the appropriate university authority.	8	9	10	10
Case Closed Exceptionally -The victim in the case has chosen not to file charges against the suspect.	0	1	3	1
Case Closed -All appropriate action in the case has been taken and has not resulted in an arrest or referral.	10	4	3	1

There have been no drug and alcohol-related fatalities at UCCS during this two year time period.

Judicial Sanctions

The table below indicates the number of students assigned to the following sanctions this two year period, from July 2011 to June 2013. Students may have been assigned to more than one sanction.

	July-December 2011	January-June 2012	July-December 2012	January-June 2013
Alcohol Choices Class	*	20	41	18
E-Check up To Go	*	16	15	5
Warning/Probation	*	44	60	27
Housing Exclusion	*	2	3	2
Suspension	*	4	5	4
Other Sanctions	*	12	9	11

*Transition to new judicial software occurred during this time. Accurate numbers are not available for this 6 month period

C. ACHA-NCHA II Survey Results

In the spring of 2013, UCCS conducted a survey (the American College Health Association-National College Health Assessment II) in which there were 737 respondents. The ACHA-NCHA II survey is “a national research survey organized by the ACHA to assist college health service providers, health educators, counselors, and administrators in collecting data about their students’ habits, behaviors, and perceptions on the most prevalent health topics.” Below are the results from the survey (UCCS Executive Summary Data Report):

Respondent Demographics

Age:

18-20 Years	53.8%
21-24 Years	26.7%
25-29 Years	9.2%
30+ Years	10.4%

Average Age 22.3 years

Gender:

Female	65.5%
Male	32.8%
Transgender	0.3%

Housing:

Campus Residential Hall	27.0%
Fraternity or Sorority House	0.1%
Other University Housing	1.9%
Parent/Guardian Home	27.3%
Other Off-Campus Housing	39.1%
Other	4.5%

Student Status:

1 st Year Undergraduate	39.0%
2 nd Year Undergraduate	10.9%
3 rd Year Undergraduate	41.3%
4 th Year Undergraduate	5.4%
5 th Year+ Undergraduate	2.6%
Graduate or Professional	0.3%
Not Seeking a Degree	0.1%
Other	0.4%
Full-Time Student	92.0%
Part-Time Student	1.2%
Other Student	0.8%

AOD Related Findings

For all AOD findings the use of the term total refers to all students that responded, including those that may have identified as transgender or declined to answer the demographic questions. Additionally, all numbers are reported in percentages.

Actual v. Perceived Use

Reported use versus perceived use – reported use for all students within the past 30 days compared with how often students perceived the typical student on campus used substances within the same time period. The last line of each table combines all categories of any use in the last 30 days.

Alcohol	Actual Use			Perceived Use		
	Male	Female	Total	Male	Female	Total
Percent (%)						
Never used	23.3	23.5	23.3	1.7	3.2	2.6
Used, but not in the last 30 days	19.2	19.7	19.3	0.4	1.3	1.0
Used 1-9 days	42.5	48.0	46.4	35.9	31.2	33.2
Used 10-29 days	12.9	8.2	9.7	46.4	46.8	46.5
Used all 30 days	2.1	0.6	1.2	15.6	17.5	16.7
Any use within the last 30 days	57.5	56.8	57.3	97.9	95.6	96.4

Marijuana	Actual Use			Perceived Use		
	Male	Female	Total	Male	Female	Total
Percent (%)						
Never used	58.8	68.3	65.0	5.1	6.0	5.7
Used, but not in the last 30 days	16.7	18.8	17.8	7.2	5.1	5.8
Used 1-9 days	9.6	7.1	8.3	35.2	33.8	34.8
Used 10-29 days	9.6	3.8	5.6	40.7	35.7	36.8
Used all 30 days	5.4	2.1	3.3	11.9	19.4	16.9
Any use with in the last 30 days	24.6	12.9	17.2	87.7	88.9	88.4

All other drugs combined*	Actual Use			Perceived Use		
	Male	Female	Total	Male	Female	Total
Percent (%)						
Never used	54.6	69.6	64.5	5.4	5.6	5.5
Used, but not in the last 30 days	27.9	20.0	22.5	13.0	8.6	9.9
Used 1-9 days	10.8	8.3	9.3	45.6	45.7	46.2
Used 10-29 days	2.9	1.5	1.9	25.1	28.2	27.0
Used all 30 days	3.8	0.6	1.8	10.9	11.9	11.5
Any use within the last 30 days	17.5	10.4	13.0	81.6	85.8	84.7

*Includes cigars, smokeless tobacco, cocaine, methamphetamine, other amphetamines, sedatives, hallucinogens, anabolic steroids, opiates, inhalants, MDMA, other club drugs, other illegal drugs. (Excludes alcohol, cigarettes, tobacco from a water pipe, and marijuana).

Associated Behaviors

Reported number of drinks consumed the last time students “partied” or socialized. Only students reporting one or more drinks were included.

Number of Drinks*

Percent (%)	Male	Female	Total
4 or fewer	29.8	49.3	42.6
5	7.9	5.8	6.6
6	6.2	4.1	4.9
7 or more	22.3	6.2	11.7
Mean	5.97	3.46	4.48
Median	5.00	3.00	3.00
Std Dev	4.11	2.74	5.20

*Students reporting 0 drinks were excluded.

Reported number of times college students consumed five or more drinks in a sitting within the last two weeks:

	Percent (%)	Male	Female	Total
N/A don't drink		28.3	27.6	27.8
None		38.3	53.1	48.1
1-2 times		20.8	15.4	17.3
3-5 times		10.0	3.7	5.7
6 or more times		2.5	0.2	1.1

College students reported doing the following most of the time or always when they "partied" or socialized during the last 12 months: *

	Percent (%)	Male	Female	Total
Alternate non-alcoholic with alcoholic beverages		36.5	50.3	45.3
Avoid drinking games		38.0	47.4	44.8
Choose not to drink alcohol		30.1	37.4	35.6
Determine in advance not to exceed a set number of drinks		44.4	50.9	49.2
Eat before and/or during drinking		75.9	86.6	82.7
Have a friend let you know when you have had enough		31.5	46.1	41.7
Keep track of how many drinks being consumed		57.6	74.0	68.6
Pace drinks to one or fewer an hour		29.1	45.9	40.2
Stay with the same group of friend the entire time drinking		89.0	93.8	92.3
Stick with the only one kind of alcohol when drinking		41.9	60.6	54.3
Use a designated driver		83.3	94.0	90.3
Reported one or more of the above		97.8	99.2	98.7

* Students responding "N/A, don't drink" were excluded from this analysis.

College students who drank alcohol reported experiencing the following in the last 12 months when drinking alcohol: *

	Percent (%)	Male	Female	Total
Did something you later regretted		29.7	27.3	28.4
Forgot where you were or what you did		27.3	21.1	23.0

Got in trouble with the police	5.9	3.3	4.3
Someone had sex with me without my consent	0.6	1.5	1.4
Had sex with someone without their consent	0.0	0.0	0.2
Had unprotected sex	19.2	17.9	18.2
Physically injured yourself	16.3	12.5	13.7
Physically injured another person	5.8	1.5	3.1
Seriously considered suicide	3.5	1.2	2.1
Reported one or more of the above	45.9	44.4	44.9

* Students responding “N/A, don’t drink” were exclude from this analysis.

- 2.2% of college students reported driving after having 5 or more drinks in the last 30 days.
- 27.1% of college students reported driving after having any alcohol in the last 30 days.*
*Students responding “N/A, don’t drive” and “N/A don’t drink” were excluded from this analysis.

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