Title: The formation of the Jamaican bobsled team

Topic: Cool Runnings Jamaican Bobsled Team

General Purpose: To inform

Specific Purpose: To inform the audience about how the first Jamaican Bobsled Team was created.

Central idea: Today, I want to share an interesting story about my role in the Jamaican Bobsled Team.

Time: 4 +/- 1 minute

I. INTRODUCTION

A. Attention-getter: When you think of Jamaican sports, what are some ideas that come to mind? Track and field is probably one of the most popular sports, along with soccer. Or pretty much anything that can be played in the heat, since Jamaica is a hot place. But what if I told you that Jamaica also has a bobsled team? Seems crazy right? Yet, it is true.

B. Credibility material: My name is Darice Bannock and I am the founding captain of the Jamaican bobsled team.
C. **Relevance to audience:** This is a very inspiring story for me to tell because we went against all the odds and, through our own determination, achieved success by competing in the 1990 Winter Olympic Games.

D. **Preview of speech:** Today I will talk about how the idea for a Jamaican bobsled team came about, how we found our coach and members, and what it was like to compete for the first time.

*Transition from introduction to body: The idea for a team all started from self-determination that I would one day compete in the Olympics.*

II. **BODY**

A. The idea of a bobsled team came to me after I watched the movie *Cool Runnings.*

1. At first, I did not have a desire to see the movie. However, once I viewed the film, it sparked a passion in me.

2. I then knew that I would live my dreams of competing in the Olympics by creating a bobsled team.

*Transition from first main point to second main point: So now that you know how the idea came about, I will now share how we found our couch and team members.*

B. Body main point II

1. First subpoint

2. Second subpoint
Transition from the second main point to the third main point:

C. Body main point III

1. First subpoint

2. Second subpoint

Transition from body to conclusion:

III. CONCLUSION

A. Summary statement: Jamaican sports consist of many activities, such as track and field, soccer, bobsledding and many more. You all are now informed of the Olympic opportunity that bobsledding has opened up for me.

B. Audience response statement: Next time you think of Jamaican sports, think back to this speech and how bobsledding allowed me to live my dream.

C. Wow Statement: Remember, whatever you can dream, you can achieve.