The Aging Center Memory Clinic is located in the Lane Center for Academic Health Sciences.

Please park in any spot labeled HealthCircle or use the designated Handicap spots, if you have the appropriate tag. If these spots are not available, please see the concierge in the Main Floor Lobby.

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Colorado Springs, CO 80918
Phone (719) 255-8002
www.uccs.edu/agingcenter
As adults age, many notice changes in their memory. In fact, memory problems are one of the primary complaints among older adults. For most people, forgetfulness is just part of the normal aging process. However, memory changes may be due to reversible medical conditions or they may signal a more serious problem.

The Memory Clinic at the Aging Center is a community service dedicated to providing screenings for memory problems in older adults. A trained technician, under the supervision of a licensed psychologist, assesses each individual for the following:

- Memory, attention, and thinking difficulties
- Depression and anxiety

Following the 45-60 minute screening, a brief review of the results and recommendations are provided by a staff psychologist.

If memory loss is interfering with your daily activities, screening will provide you with information about the nature of the difficulty and what can be done to help improve the situation.

**WHO CAN BENEFIT FROM THE SCREENING?**

Many older adults who are not currently experiencing memory difficulties can still benefit from this assessment. An initial screening can be used as a baseline measurement and repeated as necessary to check for consistency or changes in memory functions.

Additionally, anyone 55 years or older who has experienced the following should consider making an appointment:

- Concerns about memory loss
- Difficulties with daily responsibilities due to memory problems
- A family history of Alzheimer’s disease or memory problems
- Changes in behavior, personality, mood, or work habits
- Misplacing important items, forgetting medications, getting lost, substituting one word for another, or making financial errors

**HOW MUCH WILL IT COST?**

The cost of the screening ranges from $5 to $50, depending on your household income level. (These reduced costs are supported by grants, foundations, UCCS, and private donations.)

**HOW DO I MAKE AN APPOINTMENT?**

To make an appointment please call (719) 255-8002.

**WHAT IS THE AGING CENTER?**

The Aging Center is a non-profit community mental health clinic for older adults with daily living challenges, social problems, and mental health needs. Assessment, treatment, and consultation services are provided for adults 55 years of age and older, their families, and other service agencies. The clinic operates in association with the Clinical Geropsychology PhD training program at the University of Colorado Colorado Springs.