

PPCC – CATALOG YEAR 09/10 – ASSOCIATE OF SCIENCE CHECKLIST – BS HEALTH CARE SCIENCE – SPORT CONDITIONING AND TRAINING OPTION at UCCS

This Associate of Sciences degree is designed for PPCC students who want to transfer to UCCS and complete a Bachelor of Science degree with a major in Health Care Science – Sport Conditioning and Training Option. It is based on the best academic advising choices for future UCCS students.

To earn the Associate of Science Degree, students must complete the following course requirements for a total of 60 semester credit hours, at least 35 of which must be Colorado State-Guaranteed Courses. Courses taken at other colleges, AP, IB, CLEP, and other sources of credit may not be applicable upon transfer to UCCS even if applied to the associate’s degree at PPCC.

To transfer to UCCS, students should have a cumulative GPA of 2.4 or better, *including all remedial and repeated courses*. (Students with a transfer GPA between 2.0 and 2.39 will be considered for admission.) Each transfer course must have a grade of “C” or better.

| Degree Requirements | Courses | | | | Totals |
|--|--|------------------------|-------------|--|-------------|
| Communication (9 credits) | GT-CO1: ENG 121 | | | | |
| | GT-CO2: ENG 122 | | | | |
| | COM 125 | | | | |
| Arts and Humanities (9 credits) Select 3 courses with no more than 2 courses from any single GT-AH category. NOTE: These are the most commonly taken GT-AH courses. You also may take: DAN 125, HUM 115, LIT 205, 211, 212, 221, 222, 268, MUS 123, and PHI 214. | Category GT-AH1 | | | | |
| | ART 110 (3) | | ART 111 (3) | | ART 112 (3) |
| | ART 207 (3) | | MUS 120 (3) | | MUS 121 (3) |
| | MUS 122 (3) | | THE 105 (3) | | THE 211 (3) |
| | THE 212 (3) | | | | |
| | Category GT-AH2 | | | | |
| | HUM 121 (3) | | HUM 122 (3) | | HUM 123 (3) |
| | LIT 115 (3) | | LIT 201 (3) | | LIT 202 (3) |
| | Category GT-AH3 | | | | |
| | PHI 111 (3) | | PHI 112 (3) | | PHI 113 (3) |
| | PHI 114 (3) | | | | |
| | Mathematics (4 credits) Courses below MAT 120 do not transfer | Category GT-MA1 | | | |
| MAT 121 (4) | | | | | |
| Social and Behavioral Sciences (9 credits) Sport Conditioning and Training majors must complete PSY 101, SOC 101, and one course from the GT-HII category to fulfill this requirement. | Category GT-HII | | | | |
| | HIS 101 (3) | | HIS 102 (3) | | HIS 111 (3) |
| | HIS 112 (3) | | HIS 201 (3) | | HIS 202 (3) |
| | HIS 236 (3) | | HIS 247 (3) | | HIS 249 (3) |
| | Category GT-SS3 | | | | |
| | PSY 101 (3) | | SOC 101 (3) | | |
| | | | | | |
| Physical and Life Sciences (8 credit hours) Select two courses. Sport Conditioning and Training majors must select BIO 201 and BIO 201 to fulfill this requirement. | Category GT-SC1 | | | | |
| | BIO 201 (4) | | BIO 202 (4) | | |
| | | | | | |
| Computer Communications (3 credits) | CSC 105 or CSC 120 Students entering with strong computer skills have three options for meeting this requirement: a) Challenge and receive credit for CSC 105 by enrolling in an Open Entry/ Open Exit section and successfully completing with a C or higher. b) Meet the requirement through Credit for Prior Learning (not transferable). c) Waive the requirement by applying to the Division of Mathematics and Technology. Waiving will require proof of competency via completion of a self test and a structured interview with a faculty member from the CIS or CSC department. Waiver also requires the credits be replaced by another elective from the approved elective course list. | | | | |

| PPCC – CATALOG YEAR 09/10 – ASSOCIATE OF ARTS CHECKLIST – BS HEALTH CARE SCIENCE – HEALTH WELLNESS AND PROMOTION OPTION at UCCS | | | |
|---|---------|---|--------|
| Degree Requirements | Courses | | Totals |
| Electives 18 credits recommended by UCCS for this degree. NOTE: Students who follow this degree plan will need 127 hours to graduate with the BS instead of 120, due to specific AA requirements not required for native UCCS students. | BIO 111 | 5 | |
| | CHE 101 | 5 | |
| | MAT 135 | 3 | |
| | PHY 111 | 5 | |
| GRAND TOTAL | | | |

Other AS Requirements

1. A minimum of 60 credit hours in a prescribed program of study with a cumulative grade point average of 2.0 (a C average). At least 15 of these credit hours must be earned from PPCC.
2. Only 6 elective credits are allowed in any combination of PED courses.
3. Career and technical courses, whether taken at another institution or at PPCC, are not accepted toward this degree without approval of the vice president for educational services. Approval is given only when it is appropriate to the educational objectives of the student.
4. Courses numbered below 100 do not apply towards degrees.

Recommendation

Apply to the UCCS University Connection Program your first semester to help you qualify for a merit scholarship. Contact the Transfer Advisor at ppcc@uccs.edu for further information.

Foreign Language Note – UCCS

UCCS admission requirements include 2 years of the same high school foreign language (or equivalent 2 semesters at Pikes Peak Community College). Students planning to attend UCCS who do not have the prerequisite foreign language requirement should consider enrolling in these courses in addition to the degree requirements. This admission requirement does not apply to those who graduated from high school prior to 1988, who have a GED, who graduated from a non-U.S. high school, or who can prove proficiency in a foreign language through the 2nd semester at college level. **Please check with the Transfer Advisor (ppcc@uccs.edu) to see if this requirement applies to you.**

Four-Year Degree Plan

The following four-year plan lists all the specific course requirements for the Bachelor of Arts in Health Care Science – Sport Conditioning and Training Option degree at UCCS. Courses are listed by the course number at the appropriate institution. The order in which these courses are taken may vary with course availability. **Students are responsible for completing all course prerequisites.** Please note that this is a *suggested* degree program; your program may vary.

NOTE: Students who follow this degree plan will need 127 hours to graduate with the BS instead of 120, due to specific AA requirements not required for native UCCS students.

| <i>Suggested First Year</i> | | | |
|---|--------------|-------------------------|--------------|
| FALL | | SPRING | |
| <i>Course</i> | <i>Hours</i> | <i>Course</i> | <i>Hours</i> |
| ENG 121 | 3 | ENG 122 | 3 |
| BIO 111 | 5 | MAT 121 | 4 |
| CHE 101 | 5 | COM 125 | 3 |
| Humanities elective | 3 | Humanities elective | 3 |
| | | GT-HII (History) course | 3 |
| TOTAL | 16 | TOTAL | 16 |
| <i>Suggested Second Year</i> | | | |
| FALL | | SPRING | |
| BIO 201 | 4 | BIO 202 | 4 |
| MAT 135 | 3 | Humanities elective | 3 |
| PHY 111 | 5 | SOC 101 | 3 |
| PSY 101 | 3 | CSC 105 or 120 | 3 |
| TOTAL | 15 | TOTAL | 13 |
| <i>Suggested Third Year</i> | | | |
| FALL | | SPRING | |
| BIOL 330 | 3 | BIOL 455 | 3 |
| HSCI 102 | 3 | HSCI 201 | 3 |
| HSCI 207 (must be taken during the Interim) | 3 | HSCI 331 | 3 |
| HSCI 333 | 3 | HSCI 403 | 3 |
| HSCI 401 | 3 | HSCI 405 | 3 |
| HSCI 452 | 3 | HSCI 467 | 3 |
| TOTAL | 18 | TOTAL | 18 |
| <i>Suggested Fourth Year</i> | | | |
| FALL | | SPRING | |
| BIOL 435 | 4 | HSCI 461 | 3 |
| HSCI 420 | 3 | HSCI 462 | 10 |
| HSCI 495 | 3 | HSCI 463 | 3 |
| HSCI 4-- | 6 | | |
| TOTAL | 15 | TOTAL | 16 |

UCCS Bachelor of Science, Health Care Science – Sport Conditioning and Training Option Major Requirements

1. A minimum of 120 hours must be completed with a cumulative CU grade point average of 2.0; at least 45 of these hours must be at the upper-division level (courses numbered 300-499).
2. The Health Care Science – Sport Conditioning and Training Option major requires grades of “C-“ or better for all courses. Two grades below “C-“ for any required HCSC or option course of 2 or more credit hours will result in dismissal from the college.
3. The last 30 hours of the degree must be completed while registered in the Beth-El College of Nursing & Health Science at UCCS.

Prospective Student Advising: Linda Goodwin (lgoodwin@uccs.edu)

University Connection Program Advising: Transfer Advisor (ppcc@uccs.edu)