

PPCC – CATALOG YEAR 09/10 – ASSOCIATE OF GENERAL STUDIES CHECKLIST – BS HEALTH CARE SCIENCE – SENIOR FITNESS INSTRUCTOR OPTION at UCCS

This Associate of General Studies degree is designed for PPCC students who want to transfer to UCCS and complete a Bachelor of Science degree with a major in Health Care Science – Senior Fitness Instructor Option. It is based on the [best academic advising choices](#) for future UCCS students.

To earn the Associate of General Studies Degree, students must complete the following course requirements for a total of 60 semester credit hours, at least 15 of which must be Colorado State-Guaranteed Courses. Courses taken at other colleges, AP, IB, CLEP, and other sources of credit may not be applicable upon transfer to UCCS even if applied to the associate’s degree at PPCC.

To transfer to UCCS, students should have a cumulative GPA of 2.4 or better, *including all remedial and repeated courses*. (Students with a transfer GPA between 2.0 and 2.39 will be considered for admission.) Each transfer course must have a grade of “C” or better.

Degree Requirements	Courses				Totals
Communication (3 credits) Senior Fitness Instructor majors must select ENG 121 to fulfill this requirement.	GT-CO1; ENG 121 (3)				
Arts and Humanities (3 credits)	Select from the following:				
	ART 110 (3)		ART 111 (3)		ART 112 (3)
	HUM 121 (3)		HUM 122 (3)		HUM 123 (3)
	LIT 115 (3)		LIT 125 (3)		LIT 201 (3)
	LIT 202 (3)		LIT 211 (3)		LIT 212 (3)
	LIT 221 (3)		LIT 222 (3)		MUS 120 (3)
	MUS 121 (3)		MUS 122 (3)		PHI 111 (3)
	PHI 113 (3)		PHI 114 (3)		PHI 214 (3)
THE 105 (3)		THE 211 (3)		THE 212 (3)	
Mathematics (4 credits) Courses below MAT 120 do not transfer	MAT 121 (4)				
Social and Behavioral Sciences (3 credits) Senior Fitness Instructor majors must select PSY 101 to fulfill this requirement.	PSY 101 (3)				
Physical and Life Sciences (5 credit hours) Senior Fitness Instructor majors must select BIO 111 to fulfill this requirement.	BIO 111 (5)				
Additional General Education and Electives 42 credits recommended by UCCS for this degree. NOTE: Students who follow this degree plan will need 127 hours to graduate with the BS instead of 120, due to specific AGS requirements not required for native UCCS students.	ENG 122		3		
	BIO 201/202		8		
	CHE 101		5		
	PHY 111		5		
	MAT 135		3		
	SOC 101		3		
	PSY 235 or 249		3		
	Add'l Humanities course from list		3		
	Add'l Elective credits for AGS		9		
GRAND TOTAL					

Other AGS Requirements

1. A minimum of 60 credit hours with a cumulative grade point average of 2.0 (a C average). At least 15 of these credit hours must be earned from PPCC.
2. Only 6 elective credits are allowed in any combination of PED courses.
3. Courses numbered below 100 do not apply towards degrees.

Recommendation

Apply to the UCCS University Connection Program your first semester to help you qualify for a merit scholarship. Contact the Transfer Advisor at ppcc@uccs.edu for further information.

Foreign Language Note – UCCS

UCCS admission requirements include 2 years of the same high school foreign language (or equivalent 2 semesters at Pikes Peak Community College). Students planning to attend UCCS who do not have the prerequisite foreign language requirement should consider enrolling in these courses in addition to the degree requirements. This admission requirement does not apply to those who graduated from high school prior to 1988, who have a GED, who graduated from a non-U.S. high school, or who can prove proficiency in a foreign language through the 2nd semester at college level. **Please check with the Transfer Advisor (ppcc@uccs.edu) to see if this requirement applies to you.**

Four-Year Degree Plan

The following four-year plan lists all the specific course requirements for the Bachelor of Science in Health Care Science – Senior Fitness Instructor Option degree at UCCS. Courses are listed by the course number at the appropriate institution. The order in which these courses are taken may vary with course availability. **Students are responsible for completing all course prerequisites.** Please note that this is a *suggested* degree program; your program may vary.

NOTE: Students who follow this degree plan will need 127 hours to graduate with the BS instead of 120, due to specific AGS requirements not required for native UCCS students.

<i>Suggested First Year</i>			
FALL		SPRING	
Course	Hours	Course	Hours
ENG 121	3	ENG 122	3
BIO 111	5	MAT 121	4
PSY 101	3	CHE 101	5
Humanities course (from list)	3	SOC 101	3
General Education elective (check for transferability)	2		
TOTAL	16	TOTAL	15
<i>Suggested Second Year</i>			
FALL		SPRING	
BIO 201	4	BIO 202	4
PHY 111	5	MAT 135	3
Humanities course (from list)	3	PSY 235 or 249	3
General Education elective (check for transferability)	3	General Education elective (check for transferability)	4
TOTAL	15	TOTAL	14
<i>Suggested Third Year</i>			
FALL		SPRING	
BIOL 330	3	BIOL 455	3
GRNT 300	3	HSCI 201	3
Gerontology elective (from list)	3	HSCI 280	3
HSCI 102	3	HSCI 467	3
HSCI 401	3	Gerontology elective (from list)	3
		GRNT 498 (summer after 3 rd year)	3
TOTAL	15	TOTAL	18
<i>Suggested Fourth Year</i>			
FALL		SPRING	
GRNT 463	3	GRNT 462	3
HSCI 420	3	HSCI 462	10
HSCI 452	3	HSCI 463	3
HSCI 464	3		
HSCI 474	3		
HSCI 495	3		
TOTAL	18	TOTAL	16

UCCS Bachelor of Science, Health Care Science – Senior Fitness Instructor Option Major Requirements

1. A minimum of 120 hours must be completed with a cumulative CU grade point average of 2.0; at least 45 of these hours must be at the upper-division level (courses numbered 300-499).
2. The Health Care Science – Senior Fitness Instructor Option major requires grades of “C-“ or better for all courses. Two grades below “C-“ for any required HCSC or option course of 2 or more credit hours will result in dismissal from the college.
3. The last 30 hours of the degree must be completed while registered in the Beth-El College of Nursing & Health Science at UCCS.

Prospective Student Advising: Linda Goodwin (lgoodwin@uccs.edu)

University Connection Program Advising: Transfer Advisor (ppcc@uccs.edu)