

CU-Colorado Springs Athletics
UCCS Athletics-Volleyball
1420 Austin Bluffs Parkway
Colorado Springs, CO 80918
Attn: Volleyball Coach
Phone: 719-255-3282

CAMP

CHARACTERISTICS

The latest techniques, tactics, training methods, and drills currently used by the USA National Team, UCCS, and other top collegiate and international programs.

Players will be placed in groups according to age and skill level.

Camp staff will include the UCCS coaching staff, former and current UCCS athletes, and local club coaches. Demonstrations on technique will be followed by individualized instruction in the six basic volleyball skills.

OVERNIGHT CAMPERS:

Note: Athletes that stay overnight will be accompanied at all times by a member of the UCCS coaching staff. UCCS athletes will be staying in the dorms with the campers overnight providing entertainment and supervision. Overnight campers will not be permitted to leave the campus unless they are accompanied by their parent or guardian.

Overnight campers will need to bring their own bedding and a **BATHING SUIT** if you want to swim in the new Recreation Center. Spending money is optional but not required. Mountain Lion apparel will be available for sale.

****ADDITIONAL INFORMATION AVAILABLE
ONLINE AT**

[HTTP://WWW.UCCS.EDU/~CAMPS/](http://www.uccs.edu/~camps/)**

You may also send check or money order to the address below along with your registration:

****\$25.00 non-refundable deposit due with
receipt of registration****

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University of Colorado Colorado Springs



VOLLEYBALL Camp

July 16-18, 2010

Ages 11-18

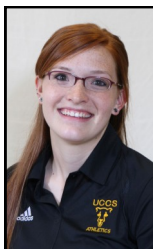


Keith Barnett

Head Women's Volleyball Coach
UCCS Mountain Lion Athletics

ABOUT COACH BARNETT:

- First year record for UCCS 18-10 with a fourth place finish
- United States Men's National Team Player (2001-2006)
- Professional Volleyball Player: Schuvoc Halen - Belgium (2002-2007)
- Pepperdine University Men's Team Player (1998-2001)
*2001 Second Team All-American
- Colorado 5A All-State Honorary Coach, Rampart High School (2007)
- Pepperdine University Camp Clinician (2001-2006)



Lindsey Myers

Assistant Women's Volleyball Coach
UCCS Mountain Lion Athletics

ABOUT COACH MYERS:

- UCCS 4 Year Letter Winner (2004-2007)
*2007 Team Finished With A 20-12 Record
- Played Opposite, Outside, Defensive Specialist, and Setter
- UCCS Camp Clinician (2005-2008)
- Assistant/Developmental Head Coach at Colorado Juniors VBC (2005-2008)



Camp Information



WHAT TO WEAR:

Campers should wear t-shirts, shorts, and court shoes. Knee pads are not required, but suggested.

TRAINING TIMES:

Fri, Sat, & Sun: 8am to 4pm

COST:

\$220/athlete for commuters (includes lunch)

\$270/overnighter (includes all meals)

\$25 discount per athlete registered before April 15, 2010

- Athlete to coach ratio is 7:1
- Six court sessions

CHECK IN

- Check-in for overnight campers will be during lunch on Friday, July 16th.
- Regular check in will begin at 7:30 am Friday, July 16, 2010.
- **Campers that need parking permits must contact Coach Barnett prior to the camp to avoid ticketing on weekdays.**

Campers Will Receive:

- Camp T-Shirt
- Awards
- Q & A on College Recruiting
- Individual Evaluation
- Gift
- Lunch Daily

CAMP REGISTRATION FORM

CAMPER INFORMATION



Name _____

Address _____

Email _____

Phone _____ Age _____

School _____ Year in School _____

Emergency Contact Name and Phone Number _____

Position: _____ Shirt Size: S M L XL
(Please circle one)

Overnighter or Commuter

Will you need a parking permit? YES NO

PARENT CONSENT

I/we hereby authorize the staff of the UCCS Sports Campus to act for me according to their best judgment in providing or arranging for emergency care in any emergency requiring medical attention. I/we hereby waive, release, absolve, indemnify and agree to hold harmless UCCS employees, suppliers, sponsors and participants for any and all liability and for any and all injuries or illness incurred while at camp. I/we acknowledge that participation in this camp may result in accidents and/or injuries. Even though I know there are risks involved, I still give my approval for my child to participate in any and all camp activities and I expressly assume all risks and hazards incidental to such participation. I have no knowledge of any physical impairment or health problems that would be affected by my child's participation in the UCCS Summer Sports Camps. By signing this form, I/we acknowledge that I have read and understand the above warning.

Signature of Parent or Legal Guardian _____

Name of Insurance Carrier _____

Policy Number _____

Date of Signature _____