



## Minor Option in Nutrition

The following department guidelines have been established for minor programs from the Health Science Department of Beth-El College of Nursing and Health Sciences at the University of Colorado at Colorado Springs.

1. A minimum of 20 credit hours with grades of C- or better must be taken in a minor area, including a minimum of nine upper-division credit hours. Additionally, a cumulative GPA of 2.0 must be obtained overall.
2. Minor requirements may not be taken pass/fail.
3. Students will be allowed no more than 9 credit hours of transfer credit towards a minor.
4. Course work applied towards a minor may also be applied towards general education requirements.
5. Pre-requisites may be required for some courses listed for the minor but the pre-requisite courses may not necessarily count toward minor hours.
6. A maximum of 30 non-LAS hours is allowed for any LAS major.
7. Please see the Nursing and Health Sciences advisor in the Student Success Center for any questions regarding the minor.

Choose from the following courses:

HSCI 207 Nutrition for Health Professionals ( <i>Pre-req CHEM 103, can be taken during Interim, fall/spring</i> )	3
HSCI 392 Nutrition & Community ( <i>Pre-reqs BIOL 203, CHEM 330, 340 &amp; HSCI 207, spring only</i> )	3
HSCI 394 Nutrition Science & Food Prep ( <i>Pre-reqs, BIOL 203, CHEM 330, 340 &amp; HSCI 392, spring interim only</i> )	3
HSCI 395 Food Systems Management I ( <i>Pre-reqs HCSI 394, &amp; PSY 210, Co-req HSCI 392 spring only</i> )	3
HSCI 402 Food Systems Management II ( <i>Pre-reqs ACCT 201, HCSI 394, Co-req HSCI 392, MKTG 300, fall only</i> )	3
HSCI 405 Obesity and Weight Management ( <i>Pre-reqs HSCI 207</i> )	3
HSCI 406 Sports Nutrition ( <i>Pre-reqs HSCI 106 or HSCI 207, and BIOL 201</i> )	3
HSCI 420 Health Behavior Change ( <i>Pre-reqs PSY 100 &amp; HSCI 463, fall &amp; summer only</i> )	3
HSCI 452 Health Teaching	3
HSCI 443/BIOL 430 Advanced Nutrition I: Macronutrient Metabolism ( <i>Pre-reqs BIOL 201, 202, 483, CHEM 330, 340 &amp; HSCI 207, fall only</i> )	3
HSCI 444 Advanced Nutrition II: Micronutrient Metabolism ( <i>Pre-reqs HSCI 443/BIOL 430, spring only</i> )	3
HSCI 492 Nutritional Assessment ( <i>Pre-reqs HSCI 207, co-req BIOL 483 &amp; HSCI 392, spring only</i> )	3
HSCI 493 Medical Nutrition Therapy I ( <i>Pre-req HSCI 492, co-req BIOL 430, fall only</i> )	3
HSCI 496 Medical Nutrition Therapy II ( <i>Pre-req HSCI 493, spring only</i> )	3