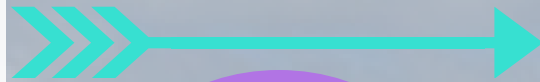


June 2017 Group Fitness Schedule

Monday



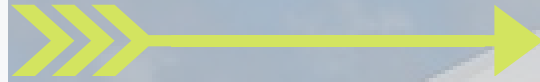
*Classes start
June 5th!*

12pm Cycle 45
Studio 2
Instructor: Elizabeth

5:30pm Barre
Studio 2
Instructor: Krista

6:30pm Zumba
Studio 2
Instructor: Karina

Tuesday



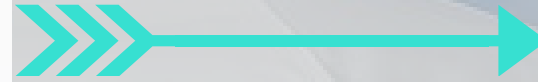
7:30am Bootcamp
Alpine Field
Instructor: Adelia

12pm Barre
Studio 2
Instructor: Krista

5:30pm Cycle60
Studio 2
Instructor: Elizabeth

**6:30pm Vinyasa
Flow Yoga** - Studio 2
Instructor: Robbie

Wednesday



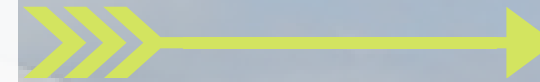
**7am Combat Circuit
Training** - Studio 2
Instructor: Joseph

12pm Cycle45
Studio 2
Instructor: Elizabeth

**5:30pm Pilates and
Playlists** - Studio 2
Instructor: Katie

6:30pm Hop Hop
Studio 2
Instructor: Karina

Thursday



7:30am Bootcamp
Alpine Field
Instructor: Adelia

**12pm Cardio Power
Hour** - Studio 2
Instructor: Katie

5:30pm Cycle60
Studio 2
Instructor: Elizabeth

**5:45pm Vinyasa
Yoga** - Studio 1
Instructor: Renee

Information

The July schedule will be released at the end of June

Summer group fitness classes are free for students enrolled in Summer classes, Recreation Members, and those who have purchased a Summer Membership

Students not currently enrolled in Summer classes, and faculty/staff/alumni can purchase a non-member group fitness pass for \$35

Free Group Fitness Classes All Summer!
If you have any questions, contact fitness@uccs.edu.



Campus Recreation
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